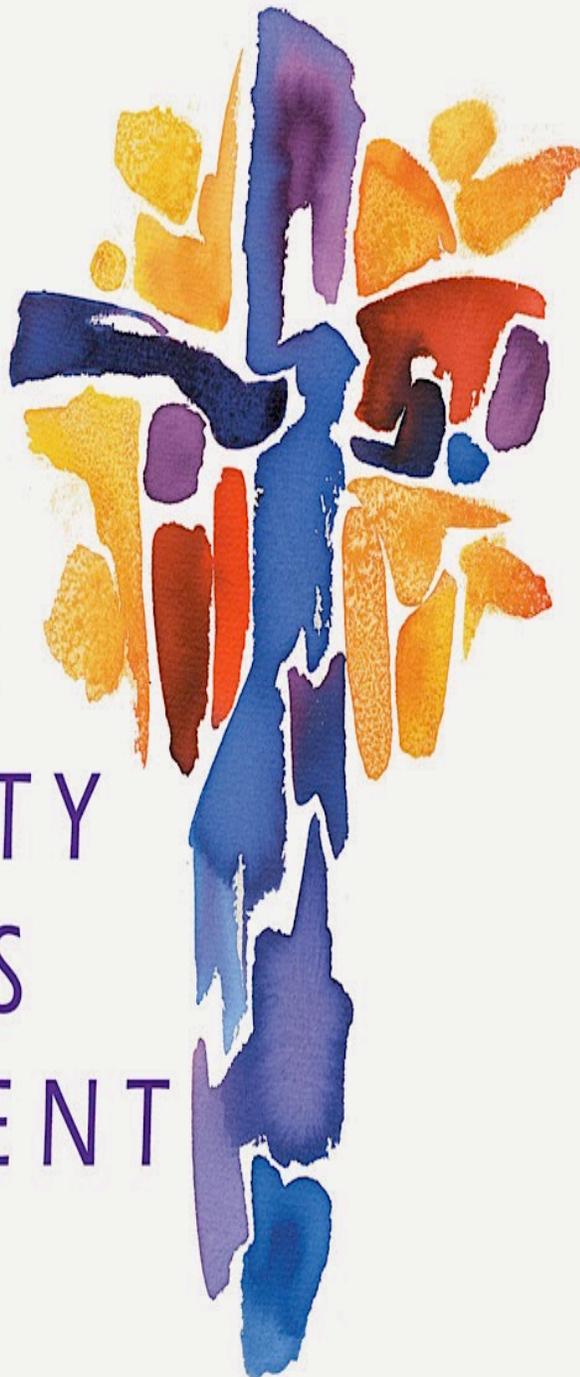




THE
FORTY
DAYS
of LENT



RETURN
to the
LORD
YOUR
GOD



Staff Directory

Pastor

Fr. Richard Supple, O.Carm.
t - 201.568.0545
e - rectory@olmc.us

Pastoral Associate

Fr. Anthony Armstrong, O.Carm.
e - fr.anthony@olmc.us

In Residence

Fr. Emmett Gavin, O.Carm.
e - egavin@carmelnet.org

Church Office

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Mary Ann Nelson, Administrative Assistant
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Roxanne Kougasian, Secretary
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Deacon Lex Ferraiola
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Deacon Michael Giuliano
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Mission Development

Elliot Guerra, Director
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Music Ministry

Andrea Covais, Music Director
e - acovais@olmc.us
June Marano-Murray, Organist

Religious Education Office

Sr. Regina M. Chassar, SSJ, Director
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Confirmation Program

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Lisa Knowles, Admin. Asst./Admissions Dir.
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Peggy Rizzo, Academy Business Manager
e - rizzomar@rcan.org

Facilities

Ed McElroy, Facility Director
t - 201.906.4389
e - epmremodeling@aol.com

Masses

Daily

Monday – Saturday 8:30 AM

Weekends

Saturday 5:00 PM
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days

As announced.

Sacraments

The Sacrament of Reconciliation

Saturday 4:00 – 4:30 PM, or by appointment.
Please call the Church Office to arrange an appointment.

The Sacrament of Baptism

The second Sunday of each month, except during Lent.
Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage

Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick

Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

“We are the Roman Catholic Community of

Our Lady of Mount Carmel based in Tenafly, New Jersey.
Our mission is the promotion of the holiness of life through
the celebration of the Sacraments, the sharing of the Gospel
and the promotion of Catholic values.

We offer pastoral care through ministries that provide education,
healing, spiritual growth and social outreach in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,
no matter where you’re from, no matter where you’re going,
no matter how good or bad things seem,
you are always welcome.”*



Sunday | February 21
Rite of Calling the Candidates
to Continuing Conversion
RCIA Program
 12 PM Mass
 with Fr. Richard Supple

Wednesday | February 24
Family Promise Walk-In Dinner

If interested in donating or volunteering, please contact Elliot Guerra.



Thursday | February 25 and All Thursdays Of Lent
Office of Concern

The Office of Concern is looking for volunteers to stock shelves and pack grocery bags from 4 PM to 6 PM. If interested in volunteering, please contact Elliot Guerra.



Friday | February 26 and All Fridays Of Lent
Stations of the Cross – 7 PM

—In the Church and Live Streamed—

Join us for guided Stations of the Cross, including meditation and music. Anyone who wishes to pray the Stations of the Cross may do so any time the Church is open.



Tuesday | March 2

OLMC Book Club – 9:15 AM & 7:30 PM

—In the Conference Room /Titus Room and Zoom—

Adults are invited to join. Please contact Elliot Guerra or the Church Office.



(Date & Time To Be Determined)

Lenten Parish Penance Service

Join us for our Lenten Parish Penance Service. There will be an opportunity for individual confessions.



(Date & Time To Be Determined)

Wisdom of the Desert: Lenten Concert and Reflection

—In the Church and Live Streamed—

All are invited.



Concert Series At Cathedral Basilica of the Sacred Heart, Newark . . .

Cathedral Basilica Concert Series – ‘Organ Recital’ – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **Sunday, March 21st at 4 PM.** Presenting a program of French organ music from the 19th and 20th centuries with Ann Labounsky. Performance will also be live streamed for those who cannot attend. Suggested donation \$15.

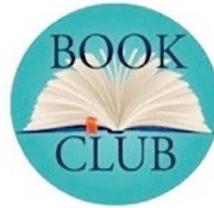
Cathedral Basilica Concert Series – ‘Choral Meditations on the Stations of the Cross’ – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **Good Friday, April 2nd at 8 PM.** The Cathedral Choir, under the direction of John J. Miller, presents meditations within the context of the Stations of the Cross. Performance will also be live streamed for those who cannot attend. Free will offering.



Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

—Pope Francis



MOUNT CARMEL BOOK CLUB IS BACK!

—Facilitated by Elliot Guerra—
 Founded by Pastor Emeritus Fr. Dan O’Neill, O.Carm.

**Tuesday, March 2nd
 9:15 AM & 7:30 PM**

Titus Room/Conference Room/Zoom

Interested in joining?
 Contact Elliot Guerra or Mary Ann at the Church Office.



This Month’s Book . . .

***Lit: A Memoir* by Mary Karr**

Lit follows the self-professed sinner’s descent into the inferno of alcoholism and madness—and to her astonishing resurrection. As Karr describes it, *Lit* is about “my journey from blackbelt sinner and lifelong agnostic to unlikely Catholic.” Written with Karr’s relentless honesty, unflinching self-scrutiny, and irreverent, lacerating humor, it is a truly electrifying story of how to grow up—as only Mary Karr can tell it.

This book may be purchased at local bookstores (OLMC is not affiliated with any of the bookstores listed on our website), from Amazon Smile (a small portion of the purchase price goes to OLMC Academy), or borrowed from the public library (must have a Bergen County library card). Please visit www.olmc.us for help in obtaining your copy of our Book Club’s pick!

Lent is . . .

“time to open our eyes to the loving sacrifice made by our Lord and Savior, Jesus Christ. It’s time to open our hearts to his forgiveness and grace. It’s time to open our mouth, ears and arms to those around in Christ’s name.”

By David Mead. *Creative Communications for the Parish.*

“A clean heart create for me, O God,
 and a steadfast spirit renew within me.”

Psalm 51: 12-13



TODAY'S GOSPEL MESSAGE

Sunday, February 21st
Mark 1:12-15

“The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: ‘This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.’”

“Immediately after the Spirit descends upon Jesus when he is baptized, this same Spirit drives him into the desert to be tempted by Satan. Jesus withstands temptation, strengthening him for his ministry, which he begins by proclaiming, ‘This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.’ May we be strengthened over these forty days so that we might carry our crosses.”

Source: *Pastoral Patterns*, Winter 2020-2021

**DAILY READINGS FOR THE WEEK**

Your word is a lamp for my feet,
a light for my path.

Psalm 119:105

Monday 1 Peter 5:1-4; Matt 16:13-19

The Chair of Saint Peter the Apostle (Feast) – On this day, early Roman Christians celebrated a feast in honor of their departed loved ones, including their beloved predecessors in the faith, Peter and Paul. When, in the fourth century, the feast of these two saints was moved to June 29, this day in February focused on celebrating Peter and his successors as bishops of Rome and expressing gratitude for their service.

Tuesday Isa 55:10-11; Matt 6:7-15

Wednesday Jonah 3:1-10; Luke 11:29-32

Thursday Esther C:12, 14-16, 23-25;
Matt 7:7-12

Friday Ezek 18:21-28; Matt 5:20-26

Saturday Deut 26:16-19; Matt 5:43-48

Source: *Living With Christ*, February 2021

Welcome to Our Lady of Mount Carmel Church!



To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Please see page 2 for schedule of Masses and Sacrament information.

Suggestions? Comments? The Parish Advisory Board reminds you that we want to hear from you! Please feel free to contact us with any suggestions or comments you may have. Email your thoughts to us at olmcadvisoryboard@gmail.com.

Join Us In Church Or Facebook Live

Now you can join us on Sundays at 10 AM, Tuesday mornings at 8:30 with Fr. Richard, and Thursday mornings at 8:30 with Fr. Anthony for our live streamed Masses via Facebook Live, or join us in person according to the schedule below.

Private Prayer: The Church is open for private prayer from 8 AM to 2 PM Monday through Saturday.

Daily Mass: The Church is open for daily Mass Monday through Saturday at 8:30 AM.

Sunday Mass: The Church is open for weekend Masses on Saturday at 5 PM and Sunday at 8 AM, 10 AM and 12 Noon.

Church Offices: Church offices are open Monday through Friday from 9 AM to 2 PM.

Confessions: Available at 4 PM on Saturday before the 5 PM Mass.

We are in compliance with Archdiocesan guidelines of limiting church capacity, social distancing, sanitizing, and wearing face masks. We thank you for persevering in faith and charity during these challenging times. We look forward to seeing you again and hope you will join us however you are able.

MASSES FOR THE WEEK

MONDAY, FEBRUARY 22nd

8:30 Rita Barci
Requested by Vesna & Vlado Duzic

TUESDAY, FEBRUARY 23rd

8:30 Rolando C. DeLeon
Requested by Delia DeLeon, Yasmin DeLeon-Kraus & Family, Deogenes DeLeon & Family

WEDNESDAY, FEBRUARY 24th

8:30 Richard Walsh
Requested by The Curley Family

THURSDAY, FEBRUARY 25th

8:30 Sue Maddaluna
Requested by Jerry & Tricia Gasparro

FRIDAY, FEBRUARY 26th

8:30 Patrick Gilchrist
Requested by His Family

SATURDAY, FEBRUARY 27th

8:30 Frances Amanna
Requested by Jack Curley

5:00 Wilfredo Jose Rodriguez
Requested by The Miglietta Family

SUNDAY, FEBRUARY 28th

8:00 Parishioners of Our Lady of Mount Carmel

10:00 Mary & Jerry Maresca
Requested by Their Grandchildren

12:00 Rancan Family
Requested by Their Family



Let us pray for the needs of the following individuals:

- | | |
|---------------------|--------------------|
| Leonard Abbruzzesi | James Ierardi |
| Bernadette Alvarado | Jeffrey Kellish |
| Arturo Benemerito | Adam Kokosinski |
| Brian Bingman | Rumi Kubo |
| Maria Capo | Elon Lages Lima |
| Tom Cook | Deacon David Loman |
| Sr. Pat Coyle | Joanne Mitchell |
| Carlos Crespo | Aaron Monteagudo |
| Remedios De Guzman | Rita Oettinger |
| Rachel Durso | John Salvatore |
| Patricia Eboli | Jason Scalora |
| Wanda Ferrauiola | Betty Supple |
| Peter Gagne | Dominic Tavormina |
| Judy Gegel | Jeanny Torres |
| Edwin Grube | Liza Ty Beasca |
| Amy Hartwell | Giselle Velez |



Please contact the Church Office at 201-568-0545 if you need prayers for a loved one and would like that person's name placed on our prayer list. Also, please let us know if a loved one's name is to be removed from our prayer list.

Thank you to our Eucharistic Ministers and Lectors who continue to serve at our daily, Sunday, and holy day Masses. You help to make every Mass prayerful and joyous!

THE BREAD AND WINE

This week the Bread and Wine are in memory of The Miglietta & Greco Family requested by The Miglietta Family.



THE SANCTUARY LAMP

This week the Sanctuary Lamp is in memory of Sr. Mary Finnerty, SSND.



REST IN PEACE

Please remember in your prayers Doris MacConnell, Jack Burns and all the military men and women who have died this week.

2021 MASS INTENTION BOOK

There are dates available in the 2021 Mass book for Masses, Bread and Wine, and Sanctuary Lamp intentions. If you are unable to visit the Church Office, please mail your requests to the Church Office and provide contact information in case your dates of choice are not available. Checks should be made payable to Our Lady of Mount Carmel Church in the amount of \$10 for each Mass, Bread and Wine, and Sanctuary Lamp intention.

The Sisters of Saint Joseph of Philadelphia Invite You to Celebrate Laudato Si’ Year

Pope Francis designated May 24, 2020 through May 24, 2021 as Laudato Si’ Year to commemorate the fifth anniversary of his landmark encyclical on the care for our common home. The following is an excerpt from Laudato Si’ and a reflection provided by the Sisters of Saint Joseph of Philadelphia.



Pope Francis’s *Laudato Si’* #202: Many things have to change course, but it is we human beings above all who need to change. We lack an awareness of our common origin, of our mutual belonging, and of a future to be shared with everyone. This basic awareness would enable the development of new convictions, attitudes and forms of life. A great cultural, spiritual and educational challenge stands before us, and it will demand that we set out on the long path of renewal.

Reflection: How does your awareness of our common origin and our mutual belonging affect the way you live your life?

Caring for God’s Creation



“It is our profound conviction that the future of the human family depends also on how we safeguard—both prudently and compassionately, with justice and fairness—the gift of creation that our Creator has entrusted to us.”

—Pope Francis



“My Story As Sacred Story”

by Deacon Lex Ferrauiola



Continued from last week’s bulletin . . .

This does not discount that God revealed truth and inspired the writers whom he used as vehicles for recording that truth. But it tells us that God continues to reveal the same truth in progressive stages of history and culture, when humanity’s intellectual development reaches another level of comprehension. That truth is that we are loved. That truth is our collective Sacred Story.

If archeologists find some physical proof that Moses really didn’t part the Red Sea, but that such a thick fog settled over the beach between the Israelites and Pharaoh’s army that Moses and his people were able to escape, that doesn’t diminish the truth that God did indeed bring the Israelite’s out of bondage. It doesn’t diminish my truth that God has brought me out of bondage over and over and over again.

And if we find out some day that Jesus didn’t magically multiply a few loaves of bread and fishes to feed a multitude of people, but that his goodness and love inspired people in the crowd to generously share the food that they were hoarding, it in no way diminishes who Jesus is and what his redemptive mission on earth was all about – and how each of us is called to live out our own individual Sacred Story.

Like everyone else, my story was meant to be. Logically, I don’t see it. There are so many, many people, so many stories, existing today in the present row of the matrix called, ‘*alive now, at this instant, snapshot, in time.*’ And each column in this endless matrix goes back to somewhere in forever, and will go forward to somewhere in eternity.

Please see next Sunday’s bulletin for the continuation of “My Story As Sacred Story.”



Let us introduce you to the Academy staff and the programs we have to offer.

Visit our Web site at www.academyolmc.org.

Ms. Verdonck
Principal
201.567.6491
bverdonck@academyolmc.org

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

*We invite you to explore our website
and reach out to us
for more information.*



**National Blue
Ribbon School**

Mrs. Knowles
Admissions Director
201.567.6491
lknowles@academyolmc.org

OLMC CELEBRATES BLACK HISTORY

We celebrate, honor and remember.

February is Black History Month and OLMC continues her proud tradition of celebrating the month with special artistic and academic programming as well as a feature story on our parish website from the rich tradition, and at times hidden history, of Black Catholics in the United States and around the world. You can read this week's feature story about Julia Greeley, Denver's Angel of Charity, at www.olmc.us. Part of her story follows below.

Denver's Angel of Charity was born into slavery, at Hannibal, Missouri, between 1833 and 1848. Freed by the Emancipation Proclamation in 1863, Julia subsequently earned her keep by serving white families in Missouri, Colorado, Wyoming and New Mexico—though mostly in the Denver area. Whatever she could spare, Julia spent assisting poor families in her neighborhood. When her resources were inadequate, she begged for food, fuel and clothing for the needy.

Julia entered the Catholic Church at Sacred Heart Parish in Denver in 1880. The Jesuits who ran the parish considered her the most enthusiastic promoter of devotion to the Sacred Heart of Jesus they had ever seen.

She became known for her charitable works, pulling a red wagon through the streets of Denver in the dark to bring food, coal, clothing, and groceries to needy families. She made her rounds after dark so as not to embarrass white families ashamed to accept charity from a poor, Black woman.

Greeley is one of the four people that U.S. bishops voted to allow to be investigated for possible sainthood at their fall meeting. She joins four other African Americans placed into consideration in recent years. She is also the first person to be interred in the Denver cathedral since it opened in 1912.

Enrollment For New Students And Families Begins February 22nd



*When you enroll at the Academy
you are gaining relationships that
will stand the test of time within
a true community of friendship.*

Ashley Colona
Class of 2001 &
Academy Teacher



Continuous Religious Instruction For The Faith Development Of Your Child

The Religious Education Program is a curriculum of **continuous** religious instruction for students. We offer classes beginning in kindergarten and continuing each year through eighth grade. Attendance at each grade level is important in order to establish a firm foundation in the faith, build upon it at each grade level, and prepare for the Sacraments.



First Eucharist

All sacraments are necessarily related to baptism, the first sacrament we celebrate. First Communion is an extension of that day as children are welcomed to the family meal—the Eucharist.

A First Eucharist Parent Meeting will take place on Wednesday, February 24th at 1 PM and 7 PM in the Church. Parents whose children are preparing for this sacrament this year are required to attend this important meeting. Please choose one meeting time to attend.

Please be sure your child is registered to receive the Sacrament of First Eucharist. A copy of your child's baptismal certificate is required if your child was not baptized at Our Lady of Mount Carmel Church.



Confirmation

Teens preparing for Confirmation are required to attend preparation sessions that are being held **virtually on Sundays from 6:30 PM to 7:30 PM**, unless otherwise noted.



**There are no
Confirmation Preparation Sessions
scheduled during February.**

Confirmation Preparation Sessions Schedule Remaining Dates and Themes

Where Am I Going? **March 7, 21, 28**
Who Do I Want To Be? **April 25, May 2, 16, 23**

Please be sure your teen is registered to receive the Sacrament of Confirmation. Registration can be done online at www.olmc.us, click on **LEARN**, then **Confirmation**, then **Registration**.

Growing Together in Faith “Gather To Share Our Faith”

Prayer | Sharing | Instruction

The Religious Education Program kicked off 2021 by holding in-person classes, grouped by grades, in the Church.

Next month “Gather To Share Our Faith” continues as students and parents are invited to gather with one another and our catechists in the Church from 3:30 to 4:30 (*socially-distanced and face masks required*) to pray, share, and learn about the Catholic faith. **This will also be an opportunity to meet OLMC’s new pastor, Fr. Richard Supple!**

We look forward to seeing you!

- Grades 1, 2, 3**
Tuesday, March 9
- ◆
- Grades 4, 5, 6**
Tuesday, March 16
- ◆
- Grades 7 and 8**
Tuesday, March 23

Please enter the building via the stairs/elevator from the North Parking Lot.

Start eGiving Today!

Our Lady of Mount Carmel

Ways to Give

 Enroll online at faith.direct/NJ122

 Text "Enroll" to **201-308-1189**



Download the Faith Direct app now in the Apple Store or Google Play.

For more information about Faith Direct, please contact:
1-866-507-8757 (toll-free) • info@faithdirect.net • faithdirect.net

2021 ANNUAL APPEAL ARCHDIOCESE OF NEWARK

The 2021 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties – namely to proclaim the gospel, to pass on the faith to future generations, particularly through the celebration of the sacraments, and to care for the poor and those on the margins.

Now more than ever, especially during this health crisis, our ministries and programs need your support.

Will you prayerfully consider making a gift to the **2021 Annual Appeal**?

Please visit www.olmc.us for information on making your gift to the 2021 Annual Appeal.

Thank You From Siena House . . .

In the name of the staff, mothers and babies of Siena House, I want to express our deep gratitude to all the parishioners of OLMC for the generosity shown to us at Christmas time.

We continue to be grateful for all the love and support our shelter has received from Mount Carmel Parish over so many years.

Although this year has been such a difficult one, due to the pandemic, we have been blessed by all the love and generosity that has been showered upon us all through the year by the faithful women of the Siena House Ministry group, the Girl Scouts, and by the wonderful young women, Dahlia Cousineau and Anna Taufield, who purchased, wrapped and hand delivered the Christmas gifts for our mothers and babies.

May God's Love surround you and all at Mount Carmel in this New Year and may blessings of Peace and Joy be with you.

With gratitude,
Sr. Mary Doris, O.P.
Director

Church in Central and Eastern Europe Collection This Weekend

Your contribution helps to rebuild the pastoral capacity of the Church and restores the faith in 28 countries in central and eastern Europe. The funds raised in the collection are used to support the renewal of vital aspects of Church life: seminaries, youth ministry, social service programs, pastoral centers, church construction and renovation, and Catholic communications projects. Thank you for your support.

*A grateful heart sees many blessings.
What are you grateful for today?*