

the catholic community of  
OUR LADY OF MOUNT CARMEL



Volume 8, Issue 9: February 28, 2021

Second Sunday of Lent





**Staff Directory**

**Pastor**

Fr. Richard Supple, O.Carm.  
t - 201.568.0545  
e - rectory@olmc.us

**Pastoral Associate**

Fr. Anthony Armstrong, O.Carm.  
e - fr.anthony@olmc.us

**In Residence**

Fr. Emmett Gavin, O.Carm.  
e - egavin@carmelnet.org

**Church Office**

Barbara Tamborini, Church Bookkeeper  
e - bookkeeper.olmc@hotmail.com  
Mary Ann Nelson, Administrative Assistant  
t - 201.568.0545  
f - 201.568.3215  
e - rectory@olmc.us

Roxanne Kougasian, Secretary  
t - 201.871.4662  
e - 4roxanneolmc@gmail.com

**Deacons**

Deacon Lex Ferraiola  
e - deaconlex@gmail.com  
Deacon Michael Giuliano  
e - Giuliano7@aol.com

**Mission Development**

Elliot Guerra, Director  
t - 201.568.1403  
e - eguerra@academyolmc.org

**Music Ministry**

Andrea Covais, Music Director  
e - acovais@olmc.us  
June Marano-Murray, Organist

**Religious Education Office**

Sr. Regina M. Chassar, SSJ, Director  
t - 201.871.4662  
e - reled@olmc.us

**Confirmation Program**

Elliot Guerra, Director  
t - 201.218.8956  
e - eguerra@academyolmc.org

**Academy**

Barbara Verdonck, Principal  
t - 201.567.6491  
f - 201.568.1402  
e - bverdonck@academyolmc.org  
Lisa Knowles, Admin. Asst./Admissions Dir.  
t - 201.567.6491  
Peggy Rizzo, Academy Business Manager  
e - rizzomar@rcan.org

**Facilities**

Ed McElroy, Facility Director  
t - 201.906.4389  
e - epmremodeling@aol.com

**Masses**

**Daily**

Monday – Saturday 8:30 AM

**Weekends**

Saturday 5:00 PM  
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

**Holy Days**

As announced.

**Sacraments**

**The Sacrament of Reconciliation**

Saturday 4:00 – 4:30 PM, or by appointment.  
Please call the Church Office to arrange an appointment.

**The Sacrament of Baptism**

The second Sunday of each month, except during Lent.  
Please arrange for Baptism at least two months in advance.

**The Sacrament of Marriage**

Please make an appointment with a priest or deacon at least one year in advance.

**The Sacrament of Anointing of the Sick**

Please call the Church Office to request a visit.

**Our Lady of Mount Carmel Mission Statement**

“We are the Roman Catholic Community of

Our Lady of Mount Carmel based in Tenafly, New Jersey.  
Our mission is the promotion of the holiness of life through  
the celebration of the Sacraments, the sharing of the Gospel  
and the promotion of Catholic values.

We offer pastoral care through ministries that provide education,  
healing, spiritual growth and social outreach in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,  
no matter where you’re from, no matter where you’re going,  
no matter how good or bad things seem,  
you are always welcome.”*



## **LENT: 40 DAYS**

The number 40 is found in several places throughout the Scriptures. The Israelites wandered in the desert for forty years. After his baptism, Jesus fasted in the desert for forty days. Christ ascended to heaven forty days after his resurrection. Biblically that number indicates a span of time that is “long enough” for whatever needed to happen. Our celebration of Lent mirrors Jesus’ time in the desert. These forty days provide an annual opportunity for personal conversion.

### **Tuesday | March 2**

**OLMC Book Club – 9:15 AM & 7:30 PM**

—Conference Room /Titus Room and Zoom—

Adults are invited to join. Please contact Elliot Guerra or the Church Office.



### **Thursday | March 4 and All Thursdays Of Lent**

**Office of Concern**

The Office of Concern is looking for volunteers to stock shelves and pack grocery bags from 4 PM to 6 PM. If interested in volunteering, please contact Elliot Guerra.



### **Friday | March 5**

**Eucharistic Adoration & Benediction – 9 AM to 3 PM**

—OLMC Church—

All are invited to spend some quiet time with Jesus in Eucharistic Adoration.



### **Friday | March 5 and All Fridays Of Lent**

**Stations of the Cross – 7 PM**

—OLMC Church and Live Streamed—

Join us for guided Stations of the Cross, including meditation and music.

Anyone who wishes to pray the Stations of the Cross may do so any time the Church is open.



### **(Date & Time To Be Determined)**

**Lenten Parish Penance Service**

—OLMC Church and Live Streamed—

Join us for our Lenten Parish Penance Service. There will be an opportunity for individual confessions.



### **(Date & Time To Be Determined)**

**Wisdom of the Desert: Lenten Concert and Reflection**

—OLMC Church and Live Streamed—

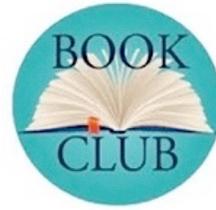
### *Concert Series At Cathedral Basilica of the Sacred Heart, Newark . . .*

**Cathedral Basilica Concert Series – ‘Organ Recital’** – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **Sunday, March 21<sup>st</sup> at 4 PM.** Presenting a program of French organ music from the 19<sup>th</sup> and 20<sup>th</sup> centuries with Ann Labounsky. Performance will also be live streamed for those who cannot attend. Suggested donation \$15.

**Cathedral Basilica Concert Series – ‘Choral Meditations on the Stations of the Cross’** – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **Good Friday, April 2<sup>nd</sup> at 8 PM.** The Cathedral Choir, under the direction of John J. Miller, presents meditations within the context of the Stations of the Cross. Performance will also be live streamed for those who cannot attend. Free will offering.

May I be no one’s enemy,  
and may I be the friend  
of that which is eternal and abides.  
May I never quarrel with those nearest me,  
and if I do, may I be reconciled quickly.  
May I never devise evil against another.  
If any devise evil against me,  
may I escape uninjured  
and without inflicting harm.  
May I love, seek, and attain  
only that which is good.  
Amen.

—St. Eusebius



## **MOUNT CARMEL BOOK CLUB IS BACK!**

—Facilitated by Elliot Guerra—  
Founded by Pastor Emeritus Fr. Dan O’Neill, O.Carm.

**Tuesday, March 2<sup>nd</sup>  
9:15 AM & 7:30 PM**

**Titus Room/Conference Room/Zoom**

Interested in joining?  
Contact Elliot Guerra or Mary Ann at the Church Office.



### **This Month’s Book . . .**

***Lit: A Memoir* by Mary Karr**

*Lit* follows the self-professed sinner’s descent into the inferno of alcoholism and madness—and to her astonishing resurrection. As Karr describes it, *Lit* is about “my journey from blackbelt sinner and lifelong agnostic to unlikely Catholic.” Written with Karr’s relentless honesty, unflinching self-scrutiny, and irreverent, lacerating humor, it is a truly electrifying story of how to grow up—as only Mary Karr can tell it.

*This book may be purchased at local bookstores (OLMC is not affiliated with any of the bookstores listed on our website), from Amazon Smile (a small portion of the purchase price goes to OLMC Academy), or borrowed from the public library (must have a Bergen County library card). Please visit [www.olmc.us](http://www.olmc.us) for help in obtaining your copy of our Book Club’s pick!*

### ***Lent . . .***

Liturgical colors symbolize the meaning of Church seasons. Violet during Lent denotes humility and penance.

Source: *CATECHIST* magazine.

# **“O Lord, I am your servant.”**

Psalm 116:16

**TODAY'S GOSPEL MESSAGE**

Sunday, February 28<sup>th</sup>  
Mark 9:2-10

“Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them . . . Then a cloud came, casting a shadow over them; from the cloud came a voice, ‘This is my beloved Son. Listen to him.’”

“Jesus’ transfiguration gave Peter, James, and John a vision of him in glory. But it did not show the price he paid to get there. So unfortunately, they were not transformed by what they witnessed. They continued to misunderstand the kind of Messiah Jesus was. We know the price. We know how he was raised in glory to sit at the right hand of his Father. As we build the kingdom of God here on earth, we envision a world transfigured by God’s presence.”

Source: *Pastoral Patterns*, Spring 2021

**DAILY READINGS FOR THE WEEK**

<b>Monday</b>	Dan 9:4b-10; Luke 6:36-38
<b>Tuesday</b>	Isa 1:10, 16-20; Matt 23:1-12
<b>Wednesday</b>	Jer 18:18-20; Matt 20:17-28
<b>Thursday</b>	Jer 17:5-10; Luke 16:19-31
<b>Friday</b>	Gen 37:3-4, 12-13a, 17b-28a; Matt 21:33-43, 45-46
<b>Saturday</b>	Micah 7:14-15, 18-20; Luke 15:1-3, 11-32

**“If we pray to the Lord  
to forgive us,  
we ourselves must be forgiving.  
We are all under the eyes  
of our Lord and God.”**

—St. Polycarp of Smyrna

## Welcome to Our Lady of Mount Carmel Church!



To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at [www.olmc.us](http://www.olmc.us). Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Please see page 2 for schedule of Masses and Sacrament information.

**Suggestions? Comments?** The Parish Advisory Board reminds you that we want to hear from you! Please feel free to contact us with any suggestions or comments you may have. Email your thoughts to us at [olmcadvisoryboard@gmail.com](mailto:olmcadvisoryboard@gmail.com).

**Join Us In Church Or Facebook Live**

Now you can join us on Sundays at 10 AM, Tuesday mornings at 8:30 with Fr. Richard, and Thursday mornings at 8:30 with Fr. Anthony for our live streamed Masses via Facebook Live, or join us in person according to the schedule below.

**Private Prayer:** The Church is open for private prayer from 8 AM to 2 PM Monday through Saturday.

**Daily Mass:** The Church is open for daily Mass Monday through Saturday at 8:30 AM.

**Sunday Mass:** The Church is open for weekend Masses on Saturday at 5 PM and Sunday at 8 AM, 10 AM and 12 Noon.

**Church Offices:** Church offices are open Monday through Friday from 9 AM to 2 PM.

**Confessions:** Available at 4 PM on Saturday before the 5 PM Mass.

We are in compliance with Archdiocesan guidelines of limiting church capacity, social distancing, sanitizing, and wearing face masks. We thank you for persevering in faith and charity during these challenging times. We look forward to seeing you again and hope you will join us however you are able.

**MASSES FOR THE WEEK**

**MONDAY, MARCH 1<sup>st</sup>**

8:30 Nonita Buenconsejo  
Requested by The Cua Family

**TUESDAY, MARCH 2<sup>nd</sup>**

8:30 Vito Moncello  
Requested by The Moncello Family

**WEDNESDAY, MARCH 3<sup>rd</sup>**

8:30 Margaret Bundock  
Requested by The Balakian Family

**THURSDAY, MARCH 4<sup>th</sup>**

8:30 Joe Weitekamp  
Requested by Patricia Lefevere

**FRIDAY, MARCH 5<sup>th</sup>**

8:30 Dustin Drapkin  
Requested by His Mother, Bernice Drapkin

**SATURDAY, MARCH 6<sup>th</sup>**

8:30 Lou Vagnone  
Requested by The Ribaldo Family

5:00 Eileen Rinaldi  
Requested by The Balakian Family

**SUNDAY, MARCH 7<sup>th</sup>**

8:00 Parishioners of Our Lady of Mount Carmel  
10:00 Leonard Turigiano  
12:00 Ida Banchemo  
Requested by Her Daughters



*Let us pray for the needs of the following individuals:*

- |                     |                   |
|---------------------|-------------------|
| Leonard Abbruzzesi  | Kavork Karkian    |
| Bernadette Alvarado | Jeffrey Kellish   |
| Arturo Benemerito   | Adam Kokosinski   |
| Brian Bingman       | Rumi Kubo         |
| Tom Cooke           | Elon Lages Lima   |
| Sr. Pat Coyle       | Joanne Mitchell   |
| Carlos Crespo       | Aaron Monteagudo  |
| Remedios De Guzman  | Rita Oettinger    |
| Rachel Durso        | Jacinto Rivera    |
| Patricia Eboli      | John Salvatore    |
| Wanda Ferraiola     | Jason Scalora     |
| Peter Gagne         | Betty Supple      |
| Judy Gegel          | Dominic Tavormina |
| Edwin Grube         | Jeanny Torres     |
| Amy Hartwell        | Liza Ty Beasca    |
| James Ierardi       | Giselle Velez     |



Please contact the Church Office at 201-568-0545 if you need prayers for a loved one and would like that person's name placed on our prayer list. Also, please let us know if a loved one's name is to be removed from our prayer list.

Thank you to our Eucharistic Ministers and Lectors who continue to serve at our daily, Sunday, and holy day Masses. You help to make every Mass prayerful and joyous!

**THE BREAD AND WINE**

This week the Bread and Wine are in memory of Richard Campolongo & Marion Campolongo Sundo.



**THE SANCTUARY LAMP**

This week the Sanctuary Lamp is in memory of Richard Campolongo & Marion Campolongo Sundo.



**REST IN PEACE**

Please remember in your prayers Senator Gerald Cardinale, DDS, Marc Colon and all the military men and women who have died this week.



The following individuals were recently baptized at Our Lady of Mount Carmel Church.

- Violet Durso*  
*Mary Elizabeth Henderson*  
*Charles Krol*  
*Madelyn Krol*



May the Lord bless you and keep you in His care.

**The Sisters of Saint Joseph of Philadelphia Invite You to Celebrate Laudato Si’ Year**

Pope Francis designated May 24, 2020 through May 24, 2021 as Laudato Si’ Year to commemorate the fifth anniversary of his landmark encyclical on the care for our common home. The following is an excerpt from Laudato Si’ and a reflection provided by the Sisters of Saint Joseph of Philadelphia.



**Pope Francis’s *Laudato Si’* #204:** The current global situation engenders a feeling of instability and uncertainty, which in turn becomes a “seedbed for collective selfishness.” When people become self-centered and self-enclosed, their greed increases. The emptier a person’s heart is, the more he or she needs things to buy, own and consume.

**Reflection:** During COVID-19 we experienced selfishness and greed as some people hoarded toilet paper and hand sanitizer. What helps you resist being self-centered and choose to be other centered? Notice your buying, owning and consuming habits this week. Do you have more than enough?

**Caring for God’s Creation**



“Men and women are sacrificed to the idols of profit and consumption: this is ‘scrap culture,’ the culture of the disposable.”

—Pope Francis



**“My Story As Sacred Story”**

by Deacon Lex Ferraiola



*Continued from last week’s bulletin . . .*

And so many people are, have been, and will be limited in options, choices, potential. So many people have done awful things. So many, many, many stories: sometimes it’s like thousands of ants. Across, up and down time. How could each and every one, each story, have been meant to be? How can each and every one be personally known and loved and called by name by God? How can so many have dropped by the wayside, through chance or choice, through environment or genetics?

Logically, I don’t buy it; yet intuitively, I know it’s true. Somewhere in the big picture it all fits together. There is free will, and at the same time there are overpowering conditions that wipe out true freedom to choose good over evil, love over hate. But God takes it all into account and makes the necessary adjustments. I’m not sure how it works, but Jesus tried to explain in the parable of the prodigal son. And I have been the prodigal son. I have lived it over and over again, as part of my Sacred Story.

God loves unconditionally to the point where someone with less capacity than God for love can never really understand. Looking through the eyes of a son or daughter of God, it really is unfair — grossly unfair. How can the bad son in the story be loved as much as the good son is loved? Where’s the justice? How can the sinner be embraced by God and have a seat at the same table as the saint? Where’s the justice?

Please see next Sunday’s bulletin for the continuation of “My Story As Sacred Story.”



Let us introduce you to the Academy staff and the programs we have to offer.

Visit our Web site at [www.academyolmc.org](http://www.academyolmc.org).

Ms. Verdonck  
Principal  
201.567.6491  
bverdonck@academyolmc.org

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

*We invite you to explore our website  
and reach out to us  
for more information.*



**National Blue  
Ribbon School**

Mrs. Knowles  
Admissions Director  
201.567.6491  
lknowles@academyolmc.org

## OLMC CELEBRATES BLACK HISTORY

We celebrate, honor and remember.

February is Black History Month and OLMC continues her proud tradition of celebrating the month with special artistic and academic programming as well as a feature story on our parish website from the rich tradition, and at times hidden history, of Black Catholics in the United States and around the world. You can read this week's feature story about Venerable Pierre Toussaint, at [www.olmc.us](http://www.olmc.us). His story also follows below.

Pierre Toussaint was a slave from the French colony of Saint-Domingue who was brought to New York City by his owners in 1787. There he eventually gained his freedom and became a noted philanthropist to the poor of the city. Freed in 1807 after the death of his mistress, Pierre took the surname of "Toussaint" in honor of the hero of the Haitian Revolution who established that nation.

After his marriage in 1811 to Juliette Noel, Toussaint and his wife performed many charitable works. Among those works included opening their home as an orphanage, employment bureau, and a refuge for travelers. He contributed funds and helped raise money to build Saint Patrick's Cathedral on Mulberry Street. He was considered "one of the leading black New Yorkers of his day." His ghostwritten memoir was published in 1854.

Due to his devout and exemplary life, the Roman Catholic Church has been investigating his life for possible canonization and in 1996 he was declared "Venerable" by Pope John Paul II, the second step in the process. Toussaint is the first layperson to be buried in the crypt below the main altar of Saint Patrick's Cathedral on Fifth Avenue, normally reserved for bishops of the Roman Catholic Archdiocese of New York.

## Enrollment For New Students And Families

—Contact the Academy Office—



*When you enroll at the Academy  
you are gaining relationships that  
will stand the test of time within  
a true community of friendship.*

Ashley Colona  
Class of 2001 &  
Academy Teacher



## Continuous Religious Instruction For The Faith Development Of Your Child

The Religious Education Program is a curriculum of **continuous** religious instruction for students. We offer classes beginning in kindergarten and continuing each year through eighth grade. Attendance at each grade level is important in order to establish a firm foundation in the faith, build upon it at each grade level, and prepare for the Sacraments.



## Growing Together in Faith “Gather To Share Our Faith”

### Prayer | Sharing | Instruction

The Religious Education Program kicked off 2021 by holding in-person classes, grouped by grades, in the Church.

Next month “Gather To Share Our Faith” continues as students and parents are invited to gather with one another and our catechists in the Church from 3:30 to 4:30 (*socially-distanced and face masks required*) to pray, share, and learn about the Catholic faith. **This will also be an opportunity to meet OLMC’s new pastor, Fr. Richard Supple!**

We look forward to seeing you!

- Grades 1, 2, 3**  
Tuesday, March 9
- ◆
- Grades 4, 5, 6**  
Tuesday, March 16
- ◆
- Grades 7 and 8**  
Tuesday, March 23

Please enter the building via the stairs/elevator from the North Parking Lot.

### First Eucharist



**If you did not attend the First Eucharist Parent Meeting that took place on Wednesday, February 24<sup>th</sup>, please contact the Religious Education Office.** Parents whose children are preparing for this sacrament this year received important information and preparation material. **Families were notified of their child’s date of First Communion.**



### Confirmation

Teens preparing for Confirmation are required to attend preparation sessions that are being held **virtually on Sundays from 6:30 PM to 7:30 PM**, unless otherwise noted.



### Confirmation Sessions Resume Next Sunday

**Virtual Confirmation Session**  
**NEXT SUNDAY, MARCH 7<sup>th</sup>**  
**at 6:30 PM**

**Session Topic**  
**“As It Is In Heaven”: The Mass**

What’s up with praying?  
What is really happening in Church and why?

Contact Elliot Guerra at [eguerra@academyolmc.org](mailto:eguerra@academyolmc.org)  
for Zoom Meeting ID and Passcode.

### **Confirmation Preparation Sessions Schedule** **Remaining Dates and Themes**

Where Am I Going? **March 7, 21, 28**  
Who Do I Want To Be? **April 25, May 2, 16, 23**

# Start eGiving Today!

## Our Lady of Mount Carmel

# Ways to Give

Enroll online at [faith.direct/NJ122](http://faith.direct/NJ122)

Text "Enroll" to **201-308-1189**



*Convenient. Consistent. Secure.*

Download the Faith Direct app now in the Apple Store or Google Play.

For more information about Faith Direct, please contact:  
1-866-507-8757 (toll-free) • [info@faithdirect.net](mailto:info@faithdirect.net) • [faithdirect.net](http://faithdirect.net)

## 2021 ANNUAL APPEAL ARCHDIOCESE OF NEWARK

The 2021 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties – namely to proclaim the gospel, to pass on the faith to future generations, particularly through the celebration of the sacraments, and to care for the poor and those on the margins.

Now more than ever, especially during this health crisis, our ministries and programs need your support.

Will you prayerfully consider making a gift to the **2021 Annual Appeal**?

Please visit [www.olmc.us](http://www.olmc.us) for information on making your gift to the 2021 Annual Appeal.



Make a purchase at Metropolitan Plant & Flower Exchange valued at \$50 or more and Metropolitan will donate \$10 to Our Lady of Mt. Carmel, Tenafly.

Complete Form Below & Present at Time of Purchase  
Expires 6/30/2021

\*Cannot be combined with any other offers.\*

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

(For Store Use)

Order # \_\_\_\_\_ Total \$ \_\_\_\_\_ Date \_\_\_\_\_

2125 Fletcher Ave. Fort Lee, NJ 201-944-1050	471 Mt. Pleasant Ave. West Orange, NJ 973-736-0049	840 Route 17 N Paramus, NJ 201-445-7101
--	--	---

Visit Metropolitan Plant & Flower Exchange  
or place an order by calling 1-800-METRO-13

Metropolitan Farm  
119 Hickory Lane, Closter, NJ 07624  
201-767-0244



Shop [www.smile.amazon.com](http://www.smile.amazon.com) and designate **OLMC** (listed in Amazon's directory as "Our Lady of Mt Carmel Church") as the recipient. The account holder uses the same login and account information.

**Amazon.com** donates 0.5% of the sale price of most items sold by Amazon and purchased through the Amazon Smile website to a designated charity.

## APPRECIATION is a wonderful thing.

## It makes what is excellent in others belong to us as well.

-Voltaire