



*Love* <sup>THE</sup> *Lord*

**YOUR GOD**

**WITH ALL YOUR HEART  
AND WITH ALL YOUR SOUL  
AND WITH ALL YOUR MIND  
AND WITH ALL YOUR STRENGTH.**



Mark 12:30



## Staff Directory

### **Pastor**

Fr. Richard Supple, O.Carm.  
t - 201.568.0545  
e - rectory@olmc.us

### **Pastoral Associate**

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Deacon Michael Giuliano  
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### **Music Ministry**

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June Marano-Murray, Organist

### **Religious Education Office**

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### **Facilities**

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## **Masses**

### **Daily**

Monday – Saturday 8:30 AM

### **Weekends**

Saturday 5:00 PM  
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

### **Holy Days**

As announced.

## **Sacraments**

### **The Sacrament of Reconciliation**

Saturday 4:00 – 4:30 PM, or by appointment.  
Please call the Church Office to arrange an appointment.

### **The Sacrament of Baptism**

The second Sunday of each month, except during Lent.  
Please arrange for Baptism at least two months in advance.

### **The Sacrament of Marriage**

Please make an appointment with a priest or deacon at least one year in advance.

### **The Sacrament of Anointing of the Sick**

Please call the Church Office to request a visit.

## **Our Lady of Mount Carmel Mission Statement**

“We are the Roman Catholic Community of

Our Lady of Mount Carmel based in Tenafly, New Jersey.

Our mission is the promotion of the holiness of life through  
the celebration of the Sacraments, the sharing of the Gospel  
and the promotion of Catholic values.

We offer pastoral care through ministries that provide education,  
healing, spiritual growth and social outreach in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,  
no matter where you’re from, no matter where you’re going,  
no matter how good or bad things seem,  
you are always welcome.”*

**TODAY'S GOSPEL MESSAGE**

Sunday, October 31<sup>st</sup>  
Mark 12:28b-34

“One of the scribes came to Jesus and asked him, ‘Which is the first of all the commandments?’ Jesus replied, ‘The first is this: *Hear, O Israel! The Lord our God is Lord alone! You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.* The second is this: *You shall love your neighbor as yourself.* There is no other commandment greater than these.’”

“The scribe knows all about the commandments, but he wants to see if Jesus does, too. When Christ responds correctly, the scribe ‘takes to heart’ his words and is therefore ‘not far from the kingdom of God.’ In fact, to love Jesus is to fulfill the commandments, for in loving him we love the God who became our neighbor.”

SOURCE: *Magnificat*, October 2021

**DAILY READINGS FOR THE WEEK**

*“Thy Word is a lamp unto my feet and a light unto my path.”*

Psalm 119:105

**Monday** Revelation 7:2-4,9-14; 1 John 3:1-3; Matthew 5:1-12a  
All Saints Day – “This feast, honoring all the saints of the Church, known and unknown, provides an opportunity to reflect on the nature of sainthood and celebrate the exemplary faithfulness of holy men and women of every place and time, whose lives and deeds inspire us.”

**Tuesday** Wisdom 3:1-9; Romans 5:5-11; John 6:37-40  
The Commemoration of All the Faithful Departed (All Souls' Day) – “Since the early Church, Christians have prayed for the dead, and in 988, Odilo, abbot of the French monastery of Cluny, established the tradition of keeping, ‘with joyous affection, the memory of all the faithful departed who have lived from the beginning of the world until the end.’ By the fourteenth century, the commemoration had spread and was universally accepted in the Latin Church.”

**Wednesday** Romans 13:8-10; Luke 14:25-33

**Thursday** Romans 14:7-12; Luke 15:1-10  
Saint Charles Borromeo, Bishop (Memorial) – “As archbishop, his ascetic life and reform of his diocese made him one of the leading figures in the Catholic reformation of the Church after the Council of Trent. May we learn from him that ‘if we wish to make any progress in the service of God, we must begin every day of our life with new eagerness.’”

**Friday** Romans 15:14-21; Luke 16:1-8

**Saturday** Romans 16:3-9, 16, 22-27; Luke 16:9-15

SOURCE: *Living With Christ*, November 2021

# Welcome

## to Our Lady of Mount Carmel Church

**To register with Our Lady of Mount Carmel Church**, please contact the Church Office at 201-568-0545 or find our form online at [www.olmc.us](http://www.olmc.us). Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

**Change of address?** Please contact the Church Office with your new mailing address so we can update our records. And, of course, we wish you happiness and blessings in your new home!

**Moving out of the parish?** If you will be moving out of the parish, please let us know. The Church Office and the Religious Education Office are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

**Suggestions? Comments?** The Parish Advisory Board reminds you that we want to hear from you! Please feel free to email your thoughts to us at [olmcadvisoryboard@gmail.com](mailto:olmcadvisoryboard@gmail.com).

**>>Please check out the pages of this bulletin and our website for ways that you can become involved in the parish life of Our Lady of Mount Carmel!**

**MASSES FOR THE WEEK**

**MONDAY, NOVEMBER 1<sup>st</sup>**

8:30 Don Miller  
Requested by His Family

12:00 All Victims of COVID-19  
Requested by Patricia Lefevere

**TUESDAY, NOVEMBER 2<sup>nd</sup>**

8:30 All Souls Novena

7:00<sup>PM</sup> All Souls Memorial

**WEDNESDAY, NOVEMBER 3<sup>rd</sup>**

8:30 All Souls Novena

**THURSDAY, NOVEMBER 4<sup>th</sup>**

8:30 All Souls Novena

**FRIDAY, NOVEMBER 5<sup>th</sup>**

8:30 All Souls Novena

**SATURDAY, NOVEMBER 6<sup>th</sup>**

8:30 All Souls Novena

5:00 Lenora Zemanek  
Requested by Her Sister, Marie

**SUNDAY, NOVEMBER 7<sup>th</sup>**

8:00 Parishioners of Our Lady of Mount Carmel

10:00 Don Miller  
Requested by Mike & Arlene Prelee

12:00 All Souls Novena



*Let us pray for the needs of the following individuals:*

- |                      |                     |
|----------------------|---------------------|
| Leonard Abbruzzesi   | Adam Kokosinski     |
| Mark Barci           | Rumi Kubo           |
| Bill Barry           | Antonia Lopez       |
| Arturo Benemerito    | Harold Lopez        |
| Brian Bingman        | Aaron Monteagudo    |
| Tom Cooke            | Ophelia Nubla       |
| Sr. Pat Coyle        | Rita Oettinger      |
| Rachel Durso         | Alexander Pavur     |
| Patricia Eboli       | Anastasia Pavur     |
| Deacon Lex Ferraiola | John Salvatore      |
| Wanda Ferraiola      | Jason Scalora       |
| Judy Gegel           | Carrie Schurmann    |
| Edwin Grube          | Betty Supple        |
| Amy Hartwell         | Dominic Tavormina   |
| Kavork Karkian       | Jeanny Torres       |
| Michael Kashmer      | Gabriella Tranchina |
| Jeffery Kellish      | Liza Ty Beasca      |



The altar flowers this week are given by The Durso Family in memory of Ralph and Laura Durso.

**ALL SAINTS DAY**, Monday, November 1<sup>st</sup> is not a holy day of obligation this year. We will be celebrating the Solemnity of All Saints with Masses at 8:30 A.M. and 12 NOON.

**THE BREAD AND WINE**

This week the Bread and Wine are in memory of Deceased Members of The Aguilar and Zurita Families.

**THE SANCTUARY LAMP**

This week the Sanctuary Lamp is in memory of Helen Bobal requested by Her Daughter, Bernice Drapkin.

**REST IN PEACE**

Please remember in your prayers Ellen Aliprandini, Albert Hajjar (father of John Hajjar) and all the military men and women who have died this week.



**FIRST FRIDAY EUCHARISTIC ADORATION**

**Friday, November 5<sup>th</sup>**  
after the 8:30 AM Mass followed by Benediction at 3 PM

**What is Eucharistic Adoration?** A priest or deacon removes the sacred host from the tabernacle and places it in the monstrance on the altar for adoration by the faithful. Eucharistic Adoration is adoring, or honoring, the Eucharistic Presence of Christ.

Please call Mary Buchanan at 201-871-9667 to schedule a time to spend in the presence of the Blessed Sacrament.

**ALL SOULS NOVENA**

The Novena to remember all our deceased relatives and friends begins Tuesday, November 2<sup>nd</sup> at the 8:30 AM Mass and continues through Wednesday, November 10<sup>th</sup>. Special All Souls envelopes are in your monthly mailing and are also available in church. All Souls intentions will be on the altar during the Novena.



**ALL SOULS MEMORIAL MASS**

Tuesday, November 2<sup>nd</sup> at 7 PM

This is a special Mass for our departed loved ones who were buried from Mount Carmel in the past year. Names of our recently deceased family members and parishioners will be chanted in lieu of the Prayer of the Faithful. Let us be mindful of all who have lost their lives due to violence and COVID-19.

Heavenly Father, who said,  
 “Let light shine out of the darkness,”  
 allow Your light to shine in our hearts  
 and give us the grace of Your compassion.

Jesus, dear Savior,  
 on this day we prayerfully remember  
 all our loved ones who have died.  
 Please give them comfort and hope  
 and may they be at peace,  
 knowing that they  
 will rest in God’s arms eternally.

Thank You for our memories of them  
 and for the good times we shared.

We ask You, please,  
 through their intercession,  
 to deepen our faith,  
 strengthen our hope  
 and increase our love.

Amen.

SOURCE: [www.prospecthillco.com](http://www.prospecthillco.com)



**“Those Difficult People”**

by Deacon Lex Ferraiola

*Continued from last Sunday’s bulletin . . .*

Things are not always what they appear to be. Only God sees and knows what’s in the heart of another. While we are all equal as children of God, we are not all equal in our ability to cope with life.

Writing on this subject Karl Rahner, one of the great Jesuit theologians of the 20<sup>th</sup> century, said that the issue is one of freedom: how much genuine freedom does one have for the journey, and what does one do with that freedom? Given the impact of environmental, genetic, and cultural factors on one’s personality, how loving of God and others was he or she able to be? In the end, this is the true measure of a person’s holiness and, I believe, how God will judge us.

We all have our personalities. Most of us have debits and credits in this area: traits that are positive and traits that are negative; qualities that endear us to others and hang-ups that drive people away. But we are much more than our personalities, and the realization of this can help us to forgive and accept the negatives in others – and, eventually, even the negatives in ourselves.

When God sends us into the world, God puts a little piece of Godself inside of us. That little piece of God within you and me, and within everyone who was ever born, is our immortal soul – it is the presence of Christ within us. My personality is not my soul. It is only the outward manifestation of my environmental conditions, my inherited genetic traits, and my personal history. My personality is the vehicle by which I move through life; by which I communicate with others. Sometimes that communication is loving and lovable, but sometimes, sadly, it can be angry, bitter, and even despicable – like son number one in the above Gospel.

But the object of our spiritual life is to transcend the limits of our ego, the limits of our personality, and to become one with our true Self — that little piece of God in each of us, the presence of Christ within.

When we can see past all the weaknesses of the human personality, when we can look beyond all the stress and dysfunction that accompanies those difficult people in our lives, we can begin to see their true goodness, and the presence of Christ that lives within. Once our eyes are opened and we can recognize him, it’s not so hard to love those difficult people in our lives — it’s not so hard to even love ourselves.

***Cathedral Basilica Concert Series . . .***

**Cathedral Basilica Concert Series – ‘WEDNESDAYS AT NOON’** – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **November 3<sup>rd</sup>**. Paul J. Carroll (*Organ Recital*). A half-hour concert presented free-of-charge, followed by an optional tour of the Cathedral.

**Cathedral Basilica Concert Series – ‘Requiem’ by Wolfgang Amadeus Mozart** – Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark – **Sunday, November 7<sup>th</sup> at 3 PM**. A Memorial Concert in honor of those who have suffered from Covid-19.

**NEXT WEEKEND**

Set clocks back one hour next Saturday night. Daylight Saving Time ends at 2 A.M. on Sunday, November 7<sup>th</sup>.

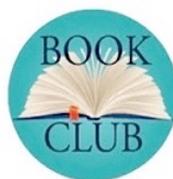


*Attention Young Catholic Adults*

**Inspire**, a Catholic Young Adult Ministry for adults in their 20s and early 30s, meets at **Our Lady of Mount Carmel in Ridgewood, NJ at 7:30 PM on the first Friday of every month**. Typically, between 25-30 people are in attendance.

There is a talk that resonates with Christ’s teachings in today’s society, followed by an opportunity for penance as well as a trip to a local pub for socializing. Some of the topics discussed include *Ask A Priest Anything, Prayer and the Pandemic, Helping Hands, and Millennials, Gen Z, and Jesus*. In addition there are social events such as apple picking, hiking and dinners, as well as book discussions.

If you are interested, feel free to contact them at [olmcyoungadults123@gmail.com](mailto:olmcyoungadults123@gmail.com).



**MOUNT CARMEL BOOK CLUB**

—Facilitated by Elliot Guerra—

**Our Next Meeting:**

**Tuesday, November 9<sup>th</sup>  
9:15 AM & 7:30 PM  
Titus Room/Conference Room**

**Interested in joining?**

Contact Elliot Guerra or Mary Ann at the Church Office.



**We’re reading . . .**

MORNING & EVENING GROUPS

***River of Fire* by Sister Helen Prejean**

The nation’s foremost leader in efforts to abolish the death penalty shares the story of her growth as a spiritual leader, speaks out about the challenges of the Catholic Church, and shows that joy and religion are not mutually exclusive.

Sister Helen writes about the relationships with friends, fellow nuns, and mentors who have shaped her over the years. She writes about her close friendship with a priest, intent on marrying her, that challenged her vocation in the “new territory of the heart.”

*River of Fire* is a book for anyone interested in journeys of faith and spirituality, doubt and belief, and “catching on fire” to purpose and passion.

**Catholic Charities of the Archdiocese of Newark**

**BENEFIT CONCERT FOR THE HOMELESS**

Catholic Charities of the Archdiocese of Newark extends an invitation to its Fourth Annual Benefit Concert for the Homeless featuring Tommy James & The Shondells on **Saturday, November 13<sup>th</sup> at 8 PM at Union County Performing Arts Center, 1601 Irving Street, Rahway, NJ**. Doors open at 7:15 PM. Order tickets directly from UCPAC at [www.ucpac.org](http://www.ucpac.org) or 732-499-8226. One hundred percent of ticket sales will help to fund the operations of Catholic Charities’ homeless shelters.

**Archdiocese of Newark  
28<sup>th</sup> Annual Blue Mass**

The 28<sup>th</sup> Annual Blue Mass honoring local law enforcement officers and their families as well as the 20<sup>th</sup> anniversary of 9/11 will be celebrated on **Thursday, November 4, 2021 at 10 A.M. at the Cathedral Basilica of the Sacred Heart, Newark.** This celebration offers thanks for the dedication and sacrifice made by the women and men in law enforcement, to remember those who have fallen, and to support those who serve. Hundreds of members in law enforcement and supporters of all faiths are expected to take part, including honor guard units, bagpipers, and drummers from throughout the state.

Tickets will be sold at the door or call 1-800-427-7651 or visit [bluemass@embarqmail.com](mailto:bluemass@embarqmail.com). Cost: \$20 per ticket. Luncheon to follow at Branch Brook Park Roller Rink, Newark.

**PROTECTING GOD’S CHILDREN  
& KEEPING THE PROMISE ALIVE**

**Safe Environment  
Certification and Re-certification**

Protecting God’s Children and Keeping the Promise Alive workshops are programs for adults who are in contact with children, as mandated by the Archdiocese of Newark. These workshops are scheduled throughout the Archdiocese of Newark for your convenience. Individuals may register for and attend these workshops at any location listed at [www.virtusonline.org](http://www.virtusonline.org).

**New Volunteers**

*Please note the following procedure for becoming a volunteer.*

1. Complete the **Volunteer Application** and **Code of Ethics** that can be procured from the Religious Education Office.
2. Submit the completed Volunteer Application and Code of Ethics to the Religious Education Office.
3. Register for **Protecting God’s Children workshop** at [www.virtusonline.org](http://www.virtusonline.org). You can take this workshop at any location that is listed on the Virtus website, but must submit your Certificate of Attendance to the Religious Education Office.
4. When registering, please DO NOT request your background check. That will be done through the Religious Education Office.



**Existing Volunteers**

*Existing volunteers will be notified when they are up for re-certification. Re-certification is required every 5 years.*

1. Re-certification is accomplished by attending **Keeping the Promise Alive** or **Protecting God’s Children workshop**. You can take either workshop at any location that is listed on the Virtus website, but must submit your Certificate of Attendance to the Religious Education Office.
2. When registering, please DO NOT request your background check. That will be done through the Religious Education Office.

**MINISTRY SIGN-UP FORM**

Please return this form to Our Lady of Mount Carmel Church Office or to the Religious Education Office, 10 County Road, Tenafly. Training is provided prior to serving.

**Name** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Liturgical Ministry Choice:**

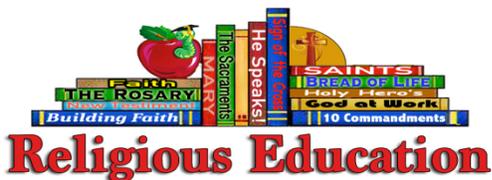
- Eucharistic Minister
- Lector
- Usher
- Altar Server (adults for funeral Masses)

**Mass Preference for Liturgical Ministry:**

- 5 PM
- 8 AM
- 10 AM
- 12 NOON

*Thank you*





## Religious Education

### Religious Education Classes Are In Session!

#### Class Schedule

Sunday, October 31 <sup>st</sup>	<b>(Class Cancelled)</b>
Tuesday, November 2 <sup>nd</sup>	(3:30-4:45 PM)
Sunday, November 7 <sup>th</sup>	(8:45-9:55 AM)
Tuesday, November 9 <sup>th</sup>	(3:30-4:45 PM)

**Traffic Control and Safety:** Parents are asked to park in a parking space when picking up their child from class. Please do not block parking lot entrance and exit.

### The Pumpkin Patch Parable

Sometimes I feel like I'm a pumpkin;  
please don't think it's odd.  
I'm growing in a pumpkin patch  
that's planted there by God.  
God picks me from the pumpkin patch  
and washes off the dirt;  
scoops out the seeds of sin and hate  
and anger, greed and hurt.  
And then, to show how much I'm loved,  
God marks me with a sign  
and opens up my eyes and mouth,  
all part of God's design.  
Then filled with light God sets me out  
for everyone to see,  
so all the pumpkins in the patch  
can see God's love through me.



### Sacrament of Confirmation

**Are you registered?** If your child is in ninth grade and intends to receive the Sacrament of Confirmation this school year, please be sure to register for this sacrament. Registration can be done online at [www.olmc.us](http://www.olmc.us). Go to 'SACRAMENTS' to register.

**CONFIRMATION SESSION**  
**SUNDAY, November 7<sup>th</sup>**  
**6:30 PM in the Auditorium**

Enter the building via the north parking lot and take the stairs or elevator down to the lower level to the Auditorium.

Sessions are for Confirmation candidates only. Candidates are required to attend all sessions. Sessions begin at 6:30 PM and end at 7:30 PM.

### Sacrament of First Reconciliation

Children who are in second grade are getting ready to prepare to receive the sacrament of First Reconciliation. Be sure to register your child for this sacrament!

**FIRST RECONCILIATION**  
**PARENT MEETING**  
**WEDNESDAY, November 10<sup>th</sup>**  
**11 AM & 7 PM in the Church\***

(This is a change from the original location. We will meet in the Church, not the Auditorium.)

Parents will receive important information and preparation material to use with their child to prepare for this sacrament. Please be sure to register your child by completing the sacrament registration form that was mailed to your home and return it to the Religious Education Office.



Let us introduce you to the Academy staff and the programs we have to offer.

Visit our Web site at [www.academyolmc.org](http://www.academyolmc.org).

Ms. Verdonck  
Principal  
201.567.6491  
bverdonck@academyolmc.org

*Experience the OLMC Difference!*

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

*We invite you to explore our website  
and reach out to us  
for more information.*



**National Blue  
Ribbon School  
Since 2012**

Mrs. Walsh  
Administrative Assistant  
201.567.6491  
ewalsh@academyolmc.org

“Halloween is a holiday celebrated each year on October 31. The tradition originated with the ancient Celtic festival of Samhain, when people would light bonfires and wear costumes to ward off ghosts. In the eighth century, Pope Gregory III designated November 1 as a time to honor all saints. Soon, All Saints Day incorporated some of the traditions of Samhain. The evening before was known as All Hallows Eve, and later Halloween. Over time, Halloween evolved into a day of activities, like trick-or-treating, carving jack-o-lanterns, festive gatherings, donning costumes and eating treats.”

SOURCE: [www.history.com](http://www.history.com)



**Attention Families Of 8<sup>th</sup> Grade  
Students Planning To Attend  
A Catholic High School In Fall 2022!**

The **High School Placement Test (HSPT)**, administered as part of the Cooperative Admissions Program for Catholic High Schools, **will be given on Friday, November 5, 2021**. The examination is required for all eighth grade students applying to participating Catholic high schools in the Archdiocese of Newark. Registration for the HSPT exam is available online at [www.njcoopexam.org](http://www.njcoopexam.org). More info about the High School Placement Test is available at [www.ststesting.com](http://www.ststesting.com).

**The Odyssey Theatre’s  
“Fantastic Voyages: The 2021-2022 Season”  
The Fall Drama: J. M. Barrie’s *Peter Pan***

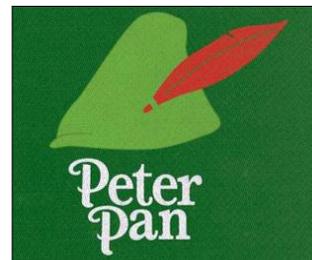
The Darling children love to hear of Peter Pan’s adventures during his visits through the open window of the nursery. Then one night after Nana has taken his shadow and Wendy has sewn it back on, Peter Pan and Tinker Bell whisk the children off to Neverland to be part of the adventures. Wendy, John, and Michael become friends with the Lost Boys and Princess Tiger Lily, and Wendy becomes everyone’s mother. When the evil Captain Hook captures Wendy and the Lost Boys, Peter Pan comes to their rescue. Together with the ticking crocodile, Peter Pan puts Captain Hook in his place and returns the Darling children to their home.

Written by Craig Sodaro  
Based on the novel by J. M. Barrie  
Directed by Kathy Stout

**Friday, November 12  
7 PM\***

\*Live stream on Facebook Live

**Sunday, November 14  
2 PM**



Free Admission  
Limited Tickets Available For Both Performances  
Contact Elliot Guerra - [EGUERRA@ACADEMYOLMC.ORG](mailto:EGUERRA@ACADEMYOLMC.ORG)

# Start eGiving Today!

**Our Lady of Mount Carmel**

## Ways to Give

Enroll online at [faith.direct/NJ122](http://faith.direct/NJ122)

Text "Enroll" to **201-308-1189**



Download the Faith Direct app now in the Apple Store or Google Play.

For more information about Faith Direct, please contact:  
1-866-507-8757 (toll-free) • [info@faithdirect.net](mailto:info@faithdirect.net) • [faithdirect.net](http://faithdirect.net)

# Annual Appeal <sup>the 2021</sup>

**Catholic Stewardship in Action**

The 2021 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties – namely to proclaim the gospel, to pass on the faith to future generations, particularly through the celebration of the sacraments, and to care for the poor and those on the margins.

Now more than ever, especially during this health crisis, our ministries and programs need your support. Will you prayerfully consider making a gift to the **2021 Annual Appeal**?

Please visit [www.olmc.us](http://www.olmc.us) for information on making your gift to the 2021 Annual Appeal.



Make a purchase at Metropolitan Plant & Flower Exchange valued at \$50 or more and Metropolitan will donate \$10 to Our Lady of Mt. Carmel, Tenafly.

Complete Form Below & Present at Time of Purchase  
Expires 12/31/2021

\*Cannot be combined with any other offers.\*

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

(For Store Use)

Order # \_\_\_\_\_ Total \$ \_\_\_\_\_ Date \_\_\_\_\_

2125 Fletcher Ave. Fort Lee, NJ 201-944-1050	471 Mt. Pleasant Ave. West Orange, NJ 973-736-0049	840 Route 17 N Paramus, NJ 201-445-7101
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Visit Metropolitan Plant & Flower Exchange  
or place an order by calling 1-800-METRO-13

♦  
**Metropolitan Farm**  
119 Hickory Lane, Closter, NJ 07624  
201-767-0244

Give  
THANKS  
WITH A GRATEFUL  
HEART 1 Thessalonians. 5:18



**Amazon.com** donates 0.5% of the sale price of most items sold by Amazon and purchased through the Amazon Smile website to a designated charity.

Shop [www.smile.amazon.com](http://www.smile.amazon.com) and designate OLMC (listed in Amazon's directory as "Our Lady of Mt Carmel Church") as the recipient. The account holder uses the same login and account information.