

the catholic community of
OUR LADY OF MOUNT CARMEL



Volume 9, Issue 8: February 20, 2022

Seventh Sunday in Ordinary Time

WE ARE CALLED TO LOVE LIKE
JESUS!



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Masses

Daily

Monday – Saturday 8:30 AM

Weekends

Saturday 5:00 PM
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days

As announced.

Sacraments

The Sacrament of Reconciliation

Saturday 4:00 – 4:30 PM, or by appointment.
Please call the Church Office to arrange an appointment.

The Sacrament of Baptism

The second Sunday of each month, except during Lent.
Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage

Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick

Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

“We are the Roman Catholic Community of

Our Lady of Mount Carmel based in Tenafly, New Jersey.

Our mission is the promotion of the holiness of life through
the celebration of the Sacraments, the sharing of the Gospel
and the promotion of Catholic values.

We offer pastoral care through ministries that provide education,
healing, spiritual growth and social outreach in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,
no matter where you’re from, no matter where you’re going,
no matter how good or bad things seem,
you are always welcome.”*

TODAY'S GOSPEL MESSAGESunday, February 20th

Luke 6:27-38

“Jesus said to his disciples: . . . ‘Do to others as you would have them do to you . . . love your enemies and do good to them . . . Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you.’”

“Jesus teaches the Golden Rule, ‘Do to others as you would have them do to you’, but immediately takes it one step further, telling his disciples to ‘love your enemies and do good to them’. Note that he is not telling them just to passively tolerate them, but to actively do kind things for them. It asks us to look at our enemies as God does, with mercy and love. Our challenge is to reconcile with those we want to condemn, giving others the mercy God gives us.”

SOURCE: *Pastoral Patterns*, Winter 2021-2022

**DAILY READINGS FOR THE WEEK**

“Thy Word is a lamp unto my feet and a light unto my path.”

Psalm 119:105

Monday James 3:13-18; Mark 9:14-29

Tuesday 1 Peter 5:1-4; Matthew 16:13-19

The Chair of Saint Peter the Apostle (Feast) – On this day, early Roman Christians celebrated a feast in honor of their departed loved ones, including their beloved predecessors in the faith, Peter and Paul. When, in the fourth century, the feast of these two saints was moved to June 29, this day in February focused on celebrating Peter and his successors as bishops of Rome and expressing gratitude for their service.

Wednesday James 4:13-17; Mark 9:38-40

Saint Polycarp, Bishop and Martyr (Memorial) – Polycarp, bishop of Smyrna, was a leader of the second generation of Christians. He was a disciple of the apostle John and friend of Ignatius of Antioch, who visited him while journeying to martyrdom in Rome. Martyred for his faith, he is one of the Fathers of the early Church.

Thursday James 5:1-6; Mark 9:41-50

Friday James 5:9-12; Mark 10:1-12

Saturday James 5:13-20; Mark 10:13-16

Welcome

**to Our Lady of
Mount Carmel Church**

To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

Change of address? Please contact the Church Office with your new mailing address so we can update our records. And, of course, we wish you happiness and blessings in your new home!

Moving out of the parish? If you will be moving out of the parish, please let us know. The Church Office and the Religious Education Office are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

Suggestions? Comments? The Parish Advisory Board reminds you that we want to hear from you! Please feel free to email your thoughts to us at olmcadvisoryboard@gmail.com.

>>Please check out the pages of this bulletin and our website for ways that you can become involved in the parish life of Our Lady of Mount Carmel!

MASSES FOR THE WEEK

MONDAY, FEBRUARY 21st

8:30 Soledad Rivera
Requested by Belen & Aurelio Vinluan

TUESDAY, FEBRUARY 22nd

8:30 Louis Barresi
Requested by Sylvia & Donald Elisano

WEDNESDAY, FEBRUARY 23rd

8:30 Rolando C. De Leon
Requested by Delia De Leon

THURSDAY, FEBRUARY 24th

8:30 Patrick Gilchrist
Requested by His Family

FRIDAY, FEBRUARY 25th

8:30 Mary & Jerry Maresco
Requested by The Preolo Family

SATURDAY, FEBRUARY 26th

8:30 Stephen P. Brooks
Requested by Al & Pam Baldini

5:00 Tyler Guan
(3rd Birthday Celebration)
Requested by His Family

SUNDAY, FEBRUARY 27th

8:00 Frances Amanna
Requested by Jack Curley

10:00 Anne & Hugo Miglietta & Christine Greco
Requested by The Miglietta Family

12:00 Parishioners of Our Lady of Mount Carmel



Let us pray for the needs of the following individuals:

- | | |
|-----------------------|----------------------|
| Leonard Abbruzzesi | Rumi Kubo |
| Bill Barry | Antonia Lopez |
| Arturo Benemerito | Harold Lopez |
| Brian Bingman | Catherine Marchiona |
| Jill Borges | Aaron Monteagudo |
| Tom Cooke | Rita Oettinger |
| Sr. Pat Coyle | Henriette Paternayan |
| Sereno Danese | Alexander Pavur |
| Denise de Almeida | Anastasia Pavur |
| Rachel Durso | Susan Rossi |
| Patricia Eboli | John Salvatore |
| Deacon Lex Ferrauiola | Jason Scalora |
| Wanda Ferrauiola | Carrie Schurmann |
| Judy Gegel | Betty Supple |
| Edwin Grube | Dominic Tavormina |
| Amy Hartwell | Jeanny Torres |
| Michael Kashmer | Gabriella Tranchina |
| Jeffery Kellish | Liza Ty Beasca |
| Adam Kokosinski | Rosario Ugarte |



Please contact the Church Office at 201-568-0545 if you need prayers for a loved one and would like that person's name placed on our prayer list, or if someone's name is to be removed from the prayer list.



The altar flowers this week are given by The Durso Family in memory of Ralph and Laura Durso.

THE BREAD AND WINE

This week the Bread and Wine are in memory of Soledad Rivera requested by Belen & Aurelio Vinluan.



THE SANCTUARY LAMP

This week the Sanctuary Lamp is in memory of Soledad Rivera requested by Belen & Aurelio Vinluan.



REST IN PEACE

Please remember in your prayers Donato Santos and all the military men and women who have died this week.

The Church Offices will be **CLOSED** on **Monday, February 21st** in observance of Presidents' Day.

* * *

Presidents' Day is an American holiday celebrated on the third Monday in February. Originally established in 1885 in recognition of President George Washington, it is still officially called "Washington's Birthday" by the federal government. While several states still have individual holidays honoring the birthdays of Washington, Abraham Lincoln and other figures, Presidents' Day is now popularly viewed as a day to celebrate all U.S. presidents past and present.

MEN'S CORNERSTONE

Men's Cornerstone meets in person every other Wednesday at St. Mary's Church, Closter at 7:30 PM. **The next meeting is March 2nd**. Please call Deacon Michael Giuliano at 201-983-1591 or Bill Angresano at 201-370-2698 if interested.

Special Masses At Other Parishes

Mass For Our Country – Holy Spirit Church, 970 Suburban Road, Union, March 3rd at 7:30 PM – Sponsored by the Archdiocese of Newark, this Mass is an opportunity to come together and pray for God's blessings and mercy on our country. All are welcome. For information, please visit www.rcan.org/evangelization.

Inclusive Family Masses – St. John the Evangelist Church, 29 N. Washington Avenue, Bergenfield, March 6th at 3:00 PM – The Archdiocese of Newark has Inclusive Family Masses that are particularly adapted for individuals with disabilities, their families, and friends. People from the larger community are also welcome to attend. For more information, please call the church at 201-384-3601.

Attention Young Catholic Adults

Inspire, a Catholic Young Adult Ministry for adults in their 20s and early 30s, meets at **Our Lady of Mount Carmel in Ridgewood, NJ at 7:30 PM on the first Friday of every month**. Typically, between 25-30 people are in attendance.

There is a talk that resonates with Christ's teachings in today's society, followed by an opportunity for penance as well as a trip to a local pub for socializing. Some of the topics discussed include *Ask A Priest Anything*, *Prayer and the Pandemic*, *Helping Hands*, and *Millennials, Gen Z, and Jesus*. In addition there are social events such as apple picking, hiking and dinners, as well as book discussions. If interested, feel free to contact them at olmcyoungadults123@gmail.com.



“Faith When Life Gets You Wet”

by Deacon Lex Ferraiola

When the disciples saw Jesus walking on the sea, they were terrified. But immediately Jesus spoke to them, saying, “Take courage, it is I; do not be afraid.” Peter yelled out to him, “Lord, if it is you, command me to come to you on the water.” Jesus said, “Come on, Peter!” And Peter jumped out of the boat and walked on the water and came toward Jesus. But seeing and hearing the wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Immediately Jesus stretched out his hand and took hold of him, and said to him, “Peter, you have such little faith, why did you doubt?” Matthew 14: 24 – 32

*

I love Saint Peter. He was a man after my own heart. He was emotional, impulsive, and quick to panic. I can relate to that. Yet Peter was one of Jesus' very best friends. Jesus trusted him so much that he left him in charge; and here we are, twenty centuries later, in Peter's church.

But in his impulsive exuberance in today's Gospel, Peter was expecting Jesus to make magic; to make it possible for him to defy the laws of physics — God's laws of physics — and walk on water. And when that didn't happen, he panicked and started to sink. Our Lord reached out his hand and pulled his friend to safety, “O, you of little faith, why did you doubt?”

Life is a gift, but it's not easy. There are times when things happen around us and to us that can make us panic and even call us to despair: a diagnosis or recurrence of cancer, betrayal by a friend or a spouse, loss of livelihood, death of a loved one, news of a suicide — the list goes on and on. And when these things happen, we get wet and, like Peter, we can start to sink. That's when faith comes into play. Jesus never promised magic. He never promised Peter that he wouldn't get wet; he never promised that life wouldn't get us wet. He only promised that he would always be there to pull us safely home to God.

Please see next Sunday's bulletin for the continuation of “Faith When Life Gets You Wet.”



The following individuals were recently baptized at Our Lady of Mount Carmel Church.

- Carson Costa***
- Ezekiel Lawrence Pena***
- Sameer Raigosa***
- Alessia Silva***
- Bella Silva***
- Donzel Silva***



May the Lord bless you and keep you in His care.

Our Lady of Mount Carmel’s Liturgical ministries are assisted by parishioners who are fully initiated in the Catholic Church. It means that an individual has received the sacraments of Baptism, Confirmation, and Eucharist.

If you are interested in serving as a Eucharistic Minister, Lector, Usher or Adult Altar Server, please complete the Ministry Sign-Up form below to choose your ministry *and* choose your Mass. The choice is yours! Training is provided and scheduling is done based on your availability.

Thank you to all those who currently serve in Our Lady of Mount Carmel’s Liturgical Ministries.

MINISTRY SIGN-UP FORM

Please return this form to Our Lady of Mount Carmel Church Office or to the Religious Education Office, 10 County Road, Tenafly. Training is provided prior to serving.

Name _____

Phone _____

Email _____

Liturgical Ministry Choice:

- Eucharistic Minister
- Lector
- Usher
- Altar Server (adults for funeral Masses)

Mass Preference for Liturgical Ministry:

- 5 PM
- 8 AM
- 10 AM
- 12 NOON



In a recent article he wrote for Catholic New York newspaper, Cardinal Dolan offered practical resolutions to “revive the Eucharist as the source and summit of our life.” Here are his 10 simple suggestions for 2022:

1. **Return to Sunday Mass** – Sunday Mass is an essential of Catholic life.
2. **Remember the Eucharistic fast** – Cut out food and drink an hour prior to receiving Communion; a practical way to prepare.
3. **Genuflect** to the tabernacle as you enter the pew.
4. **Make a good confession** if aware of a serious mortal sin before receiving Holy Communion. The Bible tells us not to receive unworthily.
5. **Mean it when you say Amen** before you receive the host – that word means “I agree”.
6. **Dress modestly** – Dress to show your reverence (no need for lavish or expensive clothes).
7. **Participate at Mass** – Pray hard those beautiful prayers, sing and listen. Arrive on time and don’t leave early.
8. **Invite others** to get back to Mass – encourage but don’t pester.
9. **Visit Jesus**, really and truly present in the Most Blessed Sacrament, often.
10. Let’s recover a sense of **silence and awe** while in church.

***“Let us, therefore,
forsake the vanity of the crowd
and their false teachings,
and turn back to the word
delivered to us
from the beginning.”***

—Saint Polycarp

***How do you begin your day?
Try beginning your day with prayer.***



“The first sign of a Dynamic Catholic is prayer. More specifically, it is a daily commitment to prayer. Dynamic Catholics universally begin their day with some type of prayer, a spiritual routine that focuses their day. Some settle down in a comfortable chair with their morning coffee. Others go to Mass. Some focus their day by praying the morning offering, and have their main time of prayer at some other time in the day. But all of them begin their day with prayer of some kind, however brief, and on a day when they don’t follow their routine they can feel the difference. They feel unfocused, stressed, less conscious of what is happening in and around them, less capable of giving those they care about the love and attention they deserve, and disconnected from God. It is as if they feel disconnected from themselves when they don’t start their days in the way that they know works best.

Dynamic Catholics know how their best days begin, and the more mature among them (mature in wisdom, not in age) will do almost anything to defend their morning routine. They would rather get up an hour early than forgo that routine. They know that a day that doesn’t start well tends not to end well. It is simply too difficult to shift the momentum of a day.

How do your best days begin? Try beginning your day with prayer, however brief, and observe how it impacts the rest of your day.”

SOURCE:

Kelly, Matthew. *The Four Signs of a Dynamic Catholic*. N.p. Beacon Publishing, 2012.



MOUNT CARMEL BOOK CLUB

—Facilitated by Elliot Guerra—

Our Next Meeting:

Tuesday, March 8th

9:15 AM & 7:30 PM

Titus Room/Conference Room

Interested in joining?

Contact Elliot Guerra at eguerra@academyolmc.us
or Mary Ann at the Church Office at 201-568-0545.



We’re continuing to read . . .

MORNING & EVENING GROUPS

***The Life You Save May Be Your Own:*
An American Pilgrimage by Paul Elie**

In the mid-twentieth century four American Catholics came to believe that the best way to explore the questions of religious faith was to write about them in works that readers of all kinds could admire.

In *The Life You Save May Be Your Own* Paul Elie tells the story of Thomas Merton, a Trappist monk in Kentucky; Dorothy Day, the founder of the Catholic Worker in New York; Flannery O’Connor, a “Christ-haunted” literary prodigy in Georgia; Walker Percy, a doctor in New Orleans who quit medicine to write fiction and philosophy, as a pilgrimage from the God-obsessed literary past of Dante and Dostoevsky out into the thrilling chaos of postwar American life. It is a story of how the Catholic faith, in their vision of things, took on forms the faithful could not have anticipated. And it is a story about the ways we look to great books and writers to help us make sense of our experience, about the power of literature to change—to save—our lives.

The Book Club will be discussing Chapter 7 through the Epilogue at the March 8th meeting. The book is widely available through the Bergen County Cooperative Library System.

Religious Education Class Schedule

Sunday, February 20th (NO CLASS)
 Tuesday, February 22nd (NO CLASS)
 Sunday, February 27th (8:45-9:55 AM)
 Tuesday, March 1st (3:30-4:30 PM)

Face Masks Required: Please be sure your child wears a face mask to class.



Jesus touches our lives through the sacraments. Our celebrations of the sacraments are signs of Jesus' presence in our lives and a means for receiving his grace.

Confirmation



Confirmation is a sacrament in which those who have been baptized receive the fullness of the Holy Spirit, just as the Lord sent the Holy Spirit upon his apostles at Pentecost.

**CONFIRMATION SESSION
 NEXT SUNDAY, February 27th
 6:30 PM in the Auditorium**

Confirmation candidates are required to attend preparation sessions that are held for one hour beginning at 6:30 PM in the auditorium.

Remaining sessions are:
 February 27th, March 6th, March 27th, and April 3rd

The celebration of Confirmation will take place at OLMC Church on Wednesday, June 8th at 7 PM. Rehearsal is Monday, June 6th at 7 PM in the church.

Please be sure you have provided us with all required information for our records, including the name of your child's sponsor.

Who can be a sponsor for Confirmation?

A person who belongs to the Catholic Church and is fully initiated, having received Baptism, Confirmation, and Eucharist, can serve as a sponsor for Confirmation.

If you have any questions or concerns, please contact Elliot Guerra at eguerra@academyolmc.org.

First Eucharist

The immediate preparation for First Eucharist begins once children have received the sacrament of First Reconciliation. The Eucharist is the center of our Catholic life.

Parents are the primary educators of their children and are responsible for initiating their children into the sacramental life. Please work with your child on the workbook and activity book you received at the First Eucharist Parent Meeting.

Take a moment to explain to your child that preparing to receive Jesus in the Eucharist is like preparing for other special occasions in your family's life. It's exciting and important!

Eucharist Is The Heart Of Christian Life...

Families sharing meals together help children understand many concepts that are important to understanding Eucharist. Children grasp concepts like unity and belonging from experiences of sharing, listening, eating, conversing, thanking and celebrating. This is done at special holiday dinners, birthdays and everyday family meals.

These experiences at family gatherings are not only helpful to the First Communicant, but the whole family benefits as they grow in the understanding of Christian family life.

Holy Eucharist is the sacrament of the Body and Blood of Jesus. It is a lifelong and ongoing sacrament, a sign of unity and community. In Eucharist, the faithful are nourished and strengthened. They are transformed into a more loving and united community of believers.

SOURCE: Unknown



Let us introduce you to the Academy staff and the programs we have to offer. Visit our Web site at www.academyolmc.org.

Ms. Verdonck
Principal
201.567.6491
bverdonck@academyolmc.org

Experience the OLMC Difference!

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

We invite you to explore our website and reach out to us for more information.



National Blue Ribbon School Since 2012

Mrs. Walsh
Administrative Assistant
201.567.6491
ewalsh@academyolmc.org

HOMEWORK CLUB

Academy students . . . Need help with your homework? Just want to do your homework in a quiet, friendly place? Then the Homework Club is the place for you! Come join us!

**Academy of OLMC Students
Grades Kindergarten through Grade 8**

**Tuesday through Thursday
3:00 P.M. – 4:00 P.M.**

**Choose the days you want to come.
Cost: \$12/day
(billed monthly through FACTS)**

The Homework Club is open to Academy students and is supervised by Academy teacher Ms. Gerlach. Please reach out to Ms. Gerlach at sgerlach@academyolmc.org if you have any questions.



School Winter Break

The Academy will be closed for winter break from February 21st through February 25th. School re-opens on Monday, February 28th. Have a safe and enjoyable week.



“If following Jesus seems difficult, don’t be afraid; trust him, be confident that he is close to you. He is with you, and he will give you the peace you are looking for and the strength to live as he would have you do.”

– Pope Francis



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Ways to Give

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- ◆ Text “Enroll” to 201-308-1189

Download the Faith Direct app now
in the Apple Store or Google Play.

For more information about Faith Direct, please contact:

1-866-507-857 (toll-free)
info@faithdirect.net
faithdirect.net

Special Collection This Weekend

This weekend we are having a special collection for the Church in Eastern Europe. Envelopes for this collection are included in the monthly offering envelopes for those who receive them and are also available in our church's kiosks. Thank you for your faithful support.

Annual Appeal ^{the 2021} Catholic Stewardship *in Action*

The 2021 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties. Will you prayerfully consider making a gift to the *2021 Annual Appeal*? Please visit www.olmc.us or www.rcan.org/sharing for information on making your gift to the 2021 Annual Appeal.

OFFICE OF CONCERN FOOD PANTRY at St. Cecilia Church, Englewood

The monthly collection for the Office of Concern Food Pantry at St. Cecilia Church, Englewood is held on the second weekend of each month. Please place donations of non-perishable items in OLMC's elevator lobby during the week. Thank you for your generosity and support.



Amazon.com donates 0.5% of the sale price of most items sold by Amazon and purchased through the Amazon Smile website to a designated charity. Shop www.smile.amazon.com and designate OLMC (listed in Amazon's directory as “Our Lady of Mt Carmel Church”) as the recipient. The account holder uses the same login and account information.

“Jesus said to his disciples: . . . ‘Do to others as you would have them do to you . . . love your enemies and do good to them . . .’”

Love your enemies, easier said than done, no doubt. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from “me” and moves it towards God and others. It allows us to have a little more empathy for “our enemy.” When we pray for others, even “our enemies,” maybe it softens their hearts as well.

SOURCE: Archdiocese of Newark, 2020