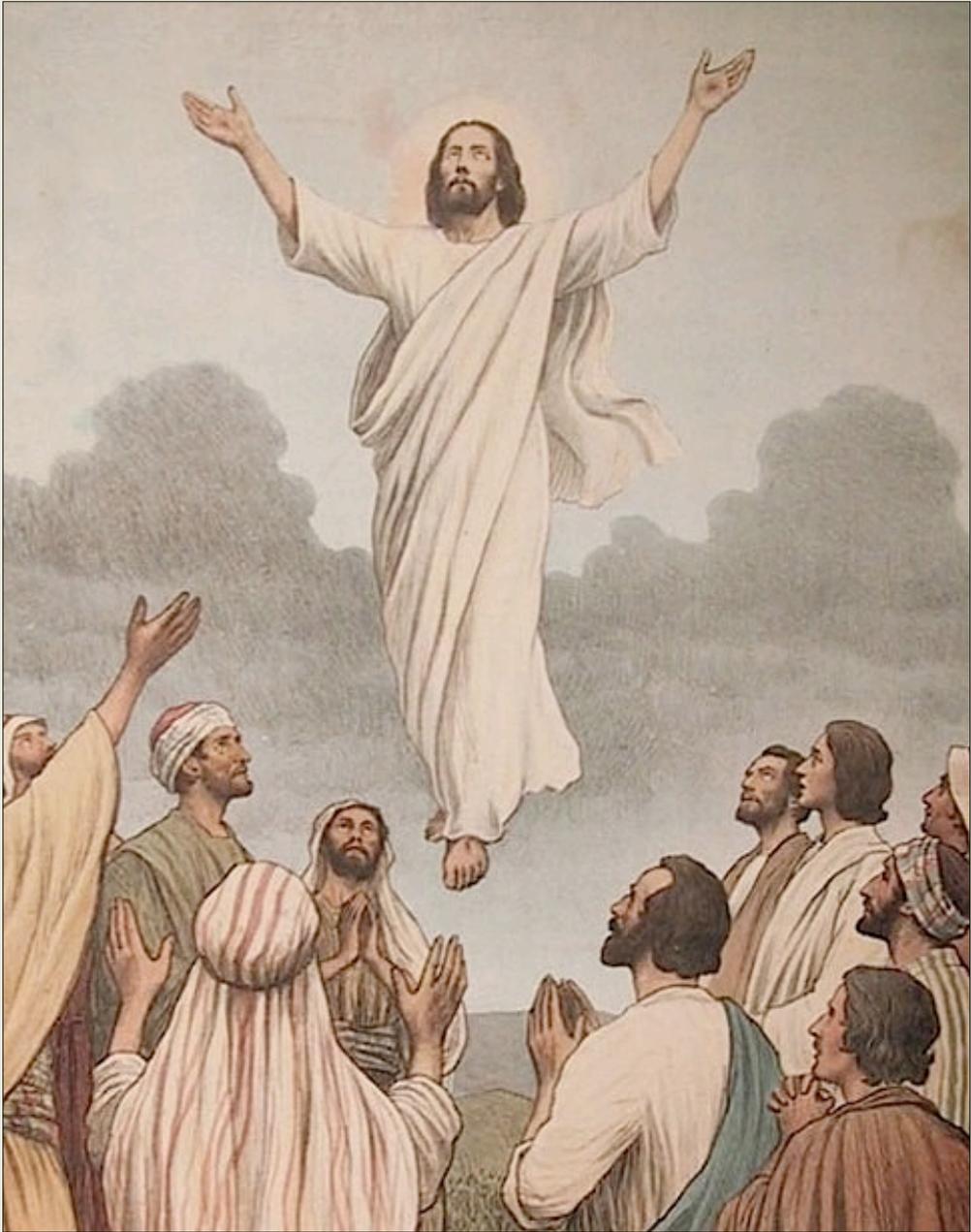


the catholic community of
OUR LADY OF MOUNT CARMEL



Volume 9, Issue 22: May 29, 2022

The Ascension of the Lord





Staff Directory

Pastor

Fr. Richard Supple, O.Carm.
t - 201.568.0545
e - rectory@olmc.us

Pastoral Associate

Fr. Anthony Armstrong, O.Carm.
e - fr.anthony@olmc.us

In Residence

Fr. Emmett Gavin, O.Carm.
e - egavin@carmelnet.org

Church Office

Barbara Tamborini, Church Bookkeeper
e - bookkeeper.olmc@hotmail.com
Mary Ann Nelson, Administrative Assistant
t - 201.568.0545
f - 201.568.3215
e - rectory@olmc.us

Roxanne Kougasian, Secretary
t - 201.871.4662
e - 4roxanneolmc@gmail.com

Deacons

Deacon Lex Ferraiola
e - deaconlex@gmail.com
Deacon Michael Giuliano
e - Giuliano7@aol.com

Mission Development

Elliot Guerra, Director
t - 201.218.8956
e - guerra@academyolmc.org

Music Ministry

Andrea Covais, Music Director
e - acovais@olmc.us
June Marano-Murray, Organist

Religious Education Office

Sr. Regina M. Chassar, SSJ, Director
t - 201.871.4662
e - reled@olmc.us

Confirmation Program

Elliot Guerra, Director
t - 201.218.8956
e - guerra@academyolmc.org

Academy

Barbara Verdonck, Principal
t - 201.567.6491
f - 201.568.1402
e - bverdonck@academyolmc.org
Eileen Walsh, Administrative Assistant
e - ewalsh@academyolmc.org

Facilities

Ed McElroy, Facility Director
t - 201.906.4389
e - epmremodeling@aol.com

Masses

Daily

Monday – Saturday 8:30 AM

Weekends

Saturday 5:00 PM
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days

As announced.

Sacraments

The Sacrament of Reconciliation

Saturday 4:00 – 4:30 PM, or by appointment.
Please call the Church Office to arrange an appointment.

The Sacrament of Baptism

The second Sunday of each month, except during Lent.
Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage

Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick

Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

“We are the Roman Catholic Community of
Our Lady of Mount Carmel based in Tenafly, New Jersey.
Our mission is the promotion of the holiness of life through
the celebration of the Sacraments, the sharing of the Gospel
and the promotion of Catholic values.

We offer pastoral care through ministries that provide
education, healing, spiritual growth and social outreach
in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,
no matter where you’re from, no matter where you’re going,
no matter how good or bad things seem,
you are always welcome.”*

TODAY'S GOSPEL MESSAGE

Sunday, May 29th
Luke 24:46-53

“Jesus said to his disciples: ‘Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things. And behold I am sending the promise of my Father upon you; but stay in the city until you are clothed with power from on high.’ Then he led them out as far as Bethany, raised his hands, and blessed them. As he blessed them he parted from them and was taken up to heaven. They did him homage and then returned to Jerusalem with great joy, and they were continually in the temple praising God.”

“Today’s feast is all about the Lord, to be sure, but the effect of his ascension on the disciples would be far different without the promise of the Holy Spirit. In both Luke and Acts, Jesus tells the disciples to wait for the Holy Spirit to come upon them before they take up the mission he left them. It is after they receive the Holy Spirit that they begin to go forth to the ends of the earth to preach, baptize, and make disciples of all nations.”

SOURCE: *Pastoral Patterns*, Summer 2022



DAILY READINGS FOR THE WEEK

Monday Acts of the Apostles 19:1-8; John 16:29-33

Tuesday Zephaniah 3:14-18a; Luke 1:39-56

The Visitation of the Blessed Virgin Mary (Feast) – (Please see page 6 of this bulletin.)

Wednesday Acts of the Apostles 20:28-38; John 17:11b-19

Saint Justin, Martyr (Memorial) – Justin, a Samaritan and convert to Christianity, was called “The Philosopher.” He used his knowledge of philosophy to explain Christian doctrine. He refused to sacrifice to the gods, was brought to trial before the Roman prefect, and condemned to death.

Thursday Acts of the Apostles 22:30; 23:6-11; John 17:20-26

Friday Acts of the Apostles 25:13b-21; John 21:15-19

Saint Charles Lwanga and Companions, Martyrs (Memorial) – Twenty-two martyrs of Uganda died on June 3, 1886, and were canonized in 1964. Charles Lwanga and his companions had become Christians through the Catholic missions of the Missionaries of Africa.

Saturday Acts of the Apostles 28:16-20, 30-31; John 21:20-25

SOURCE: *Living With Christ*, May 2022 and June 2022

Welcome

to Our Lady of Mount Carmel Church

To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

Change of address? Please contact the Church Office with your new mailing address so we can update our records. And, of course, we wish you happiness and blessings in your new home!

Moving out of the parish? If you will be moving out of the parish, please let us know. The Church Office and the Religious Education Office are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

Suggestions? Comments? The Parish Advisory Board reminds you that we want to hear from you! Please feel free to email your thoughts to us at olmcadvisoryboard@gmail.com.

>>Please check out the pages of this bulletin and our website for ways that you can become involved in the parish life of Our Lady of Mount Carmel!

MASSES FOR THE WEEK

MONDAY, MAY 30th

8:30 Peggy Martini
Requested by Her Husband Chuck & Family

TUESDAY, MAY 31st

8:30 George Soldo
Requested by His Loving Family

WEDNESDAY, JUNE 1st

8:30 Fr. Leonard J. Gilman, O.Carm.
Requested by Pat & Rich White

THURSDAY, JUNE 2nd

8:30 Zuleide de Jesus
Requested by Ana, Her Friend

FRIDAY, JUNE 3rd

8:30 Natalie & Thomas Smolenski
Requested by Their Family

SATURDAY, JUNE 4th

8:30 Special Intentions
(Neill, Forgrave, Stoever, & Mongiello Families)

5:00 Robert & Jane Heimbuch
Requested by Bill Heimbuch

SUNDAY, JUNE 5th

8:00 Parishioners of Our Lady of Mount Carmel

10:00 Kriste Morin
Requested by Mr. & Mrs. Ferruccio Morin

12:00 Carmen Amelia Albanese Baker
Requested by The Neus Family



Let us pray for the needs of the following individuals:

Carmelo Abbruzzesi	Antonio Lopez
Leonard Abbruzzesi	Harold Lopez
Bill Barry	Lolita Lopez
Arturo Benemerito	Catherine Marchiona
Brian Bingman	June Miller
Tom Cooke	Aaron Monteagudo
Sr. Pat Coyle	John B. Moscone, Jr.
Sereno Danese	Rita Oettinger
Denise de Almeida	Henriette Paternayan
Rachel Durso	Alexander Pavur
Patricia Eboli	Anastasia Pavur
Laura D'Elia	Susan Rossi
Deacon Lex Ferraiuola	John Salvatore
Wanda Ferraiuola	Vita Santulli
Judy Gegel	Jason Scalora
Edwin Grube	Kathleen Selinka Dragon
Amy Hartwell	Betty Supple
Michael Kashmer	Dominic Tavormina
Jeffery Kellish	Jeanny Torres
Adam Kokosinski	Gabriella Tranchina
Rumi Kubo	Liza Ty Beasca
Patricia Lefevere	Rosario Ugarte



The altar flowers this week are given by The Durso Family in memory of Ralph and Laura Durso.

THE BREAD AND WINE

This week the Bread and Wine are in memory of Peggy Martini requested by Her Husband Chuck & Family.



THE SANCTUARY LAMP

This week the Sanctuary Lamp is in memory of Matilde Kryeziu.



REST IN PEACE

Please remember in your prayers Carrie Schurmann and all the military men and women who have died this week.



FIRST FRIDAY EUCHARISTIC ADORATION

Friday, June 3rd

after the 8:30 AM Mass followed by Benediction at 3 PM

What is Eucharistic Adoration? A priest or deacon removes the sacred host from the tabernacle and places it in the monstrance on the altar for adoration by the faithful. Eucharistic Adoration is adoring, or honoring, the Eucharistic Presence of Christ. **Please call Mary Buchanan at 201-871-9667 to schedule a time to spend in the presence of the Blessed Sacrament.**

Join Us For A Parish Coffee
In Honor Of

Fr. Anthony Armstrong, O.Carm.

Sunday, June 12th

following the 10 A.M. Mass
in the Parish Auditorium

All are invited as we honor Fr. Anthony and wish him well in his new position as pastor of Our Lady of Mount Carmel Church in Osprey, Florida. No RSVP needed.

***Events and Special Masses
At Other Parishes . . .***

Mass For Our Country – Holy Spirit Church, 970 Suburban Road, Union, June 2nd at 7:30 PM – Sponsored by the Archdiocese of Newark, this Mass is an opportunity to come together and pray for God’s blessings and mercy on our country. Visit www.rcan.org/evangelization for information.

Inclusive Family Mass – St. John the Evangelist Church, 29 N. Washington Avenue, Bergenfield, June 5th at 1:30 PM – The Archdiocese of Newark has Inclusive Family Masses that are particularly adapted for individuals with disabilities, their families, and friends. For more information, please call the church at 201-384-3601.

Trip to Cape Cod, Massachusetts – Church of the Ascension, 256 Azalea Drive, New Milford, Monday, June 20th – Friday, June 24th – Four nights lodging at the Fairfield Inn in Hyannis, four breakfasts, four dinners, admission to two Newport mansions including The Breakers, guided tour of Provincetown, Martha’s Vineyard, Sandwich and Hyannis, and Kennedy Memorial, a whale watching cruise or dune ride, admission to the Heritage Museum & Gardens and visit to Mohegan Sun Casino. Price: \$1,015 per person/double occupancy or \$1,298 per person/single occupancy. Price includes all of the above plus luggage handling, taxes, gratuities and bus transportation. For reservations and info, call Josie at 201-265-0485 or Anna at 201-206-4297.



**“Spirituality Is Being In Love
With God”**

by Deacon Lex Ferraiola

Continued from last Sunday’s bulletin . . .

Psalm 16 is a beautiful expression of spirituality, of the soul in love with God:

*I said to the Lord, “You are my Lord;
I have no good besides You . . .
You will make known to me the path of life;
In Your presence is fullness of joy;
In Your right hand there are pleasures forever.”*

Psalm 16:2,11

We are spiritual when our heart is totally open to God’s love; when we feel God so present in our life that we want to love him back in the same unconditional way. And we try to love all his other children as he loves us.

Spirituality doesn’t know from mansions in heaven or fires in hell. Spirituality isn’t a quid pro quo. It’s not about leading a good life so that we make it into heaven. It’s about leading a good life because we are so filled with God’s love for us that there is no other way we could possibly live.

Spirituality is being in love with God. When we are in love with God, we are in heaven. When we turn ourselves away from God, we are in hell. Either way, the choice is ours and the time is now. There is only this moment, the reality of God’s love and his invitation to each of us to return that love.

So if you see an angel carrying a torch and a bucket of water, smile and be assured that after those mansions are all burnt down and those fires quenched, your soul will remain with abounding joy basking in the glow of God’s love forever.





“Christ Is Our Roped Guide

The ascension of Jesus into heaven acquaints us with this deeply consoling reality on our journey: in Christ, true God and true man, our humanity was taken to God. Christ opened the path to us. He is like a roped guide climbing a mountain who, on reaching the summit, pulls us up to him and leads us to God. If we entrust our lives to him, if we let ourselves be guided by him, we are certain to be in safe hands, in the hands of our Savior, of our Advocate.”

SOURCE:

Pope Francis Speaks to Our Hearts: Words of Challenge and Hope. Frederick: The Word Among Us Press, 2013. Print.

At OLMC there are opportunities to become involved in the life of the parish. Check out the pages of our weekly bulletin, visit OLMC’s website, or talk with other parishioners for ideas and ways to volunteer your time and talent!



Please consider joining OLMC’s **Liturgical Ministry** as a Lector, Eucharistic Minister, Usher or Adult Altar Server or OLMC’s **Social Justice Ministry** working with Family Promise to assist those in need. Please see future bulletins for OLMC’s dates for the Family Promise Walk-in Dinners.

VISITATION OF THE BLESSED VIRGIN MARY
Feast Day: Tuesday, May 31st

This feast commemorates the visit of Mary to her cousin Elizabeth. The story of this joyous event can be found in Luke’s gospel. Elizabeth declares that Mary and her child are blessed. Mary’s response to this is the Magnificat, also known as “The Song of Mary,” her hymn of praise to God.

The Magnificat
 (Luke 1:46-55)

My soul proclaims the greatness of the Lord,
 my spirit rejoices in God my Savior
 for he has looked with favor upon his lowly servant.
 From this day all generations will call me blessed:
 the Almighty has done great things for me,
 and holy is his Name.
 He has mercy on those who fear him in
 every generation.
 He has shown the strength of his arm,
 and has scattered the proud in their conceit.
 He has cast down the mighty from their thrones,
 and has lifted up the lowly.
 He has filled the hungry with good things,
 and the rich he has sent away empty.
 He has come to the help of his servant Israel
 for he has remembered his promise of mercy,
 the promise he made to our fathers,
 to Abraham and his children for ever.

MINISTRY SIGN-UP FORM

Please return this form to Our Lady of Mount Carmel Church Office or to the Religious Education Office at 10 County Road, Tenafly. Training is provided prior to serving.

Name _____

Phone _____

Email _____

Liturgical Ministry Choice:

- Eucharistic Minister
- Lector
- Usher
- Altar Server (adults for funeral Masses)

Mass Preference for Liturgical Ministry:

- 5 PM
- 8 AM
- 10 AM
- 12 NOON



The Church and Academy Offices will be
CLOSED on
Monday, May 30th
 in observance of Memorial Day.



Memorial Day is a time to remember our fallen, a somber reminder of the brave sacrifice of men and women who risked their lives and died in service of our country.

God of power and mercy, You destroy war and put down earthly pride. Banish violence from our midst and wipe away our tears, that we may all deserve to be called Your sons and daughters. Keep in your mercy those men and women who have died in the cause of freedom and bring them safely into your kingdom of justice and peace. We ask this through Christ our Lord. Amen.

SOURCE: www.usccb.org (from *Catholic Household Blessings and Prayers*)



**ORGAN
 RECITAL**

Featuring
Jason Roberts
Music Director
 at Church of the Blessed Sacrament
 in New York City

Wednesday, June 15 • 1 PM
OLMC Church • Live Streamed

Join us for a half hour of organ improvisations presented by Jason Roberts, winner of the American Guild of Organists National Competition in Organ Improvisation and a finalist at competitions at St. Albans International Organ Comp. and in Haarlem, Netherlands, among other accomplishments. All are welcome and no RSVP is required.



**MOUNT CARMEL
 BOOK CLUB**

—Facilitated by Elliot Guerra—

Our Next Meeting:
Tuesday, June 14th
9:15 AM & 7:30 PM
Titus Room/Conference Room

Interested in joining?

Contact Elliot Guerra at guerra@academyolmc.org
 or Mary Ann at the Church Office at 201-568-0545.



We're reading . . .

MORNING GROUP
Year of Wonders by Geraldine Brooks



EVENING GROUP
Tattoos on the Heart: The Power of Boundless Compassion
 by Gregory Boyle

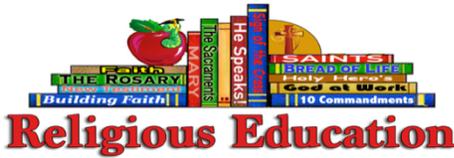
BEREAVEMENT SUPPORT GROUP

Grief is a time of deep sorrow following the loss of a loved one. Bereavement support allows for the confidential sharing of the struggles that you experience mourning your loved one.

Our Bereavement Support Group will meet for four weeks on **Saturday mornings beginning on September 24th from 9:30 AM until 11 AM.** Topics covered include the physical, emotional, and spiritual aspects of the grieving process. Each session will run one and a half hours and begin and end with prayer. Feel free to come and listen; sharing is optional.

If you are interested in learning more or wish to join the meetings, please contact the Church Office at 201-568-0545. The bereavement facilitator for these meetings will be Marianne Reilly.





What Parents Should Expect From A Religious Education Program

According to an information estimate by the National Catholic Education Association, somewhere between eighty and ninety percent of Catholic children now receive religious education in parish religious education programs. What should a parent expect from a religious education program?

Here are six:

- A professional educational director
- Well-prepared catechists
- Well-balanced curriculum
- A parish liturgy that teaches and inspires
- Help in preparing children for sacraments
- An introduction to Scripture



Please see future bulletins and visit our website in the coming weeks for information about re-registration and new family registration for 2022-23.



Feel free to call the Religious Education Office to learn more about our program of religious instruction. We can be reached at 201-871-4662.



What is RCIA? Is RCIA for You?

RCIA is the **Rite of Christian Initiation of Adults**. The Church welcomes into the RCIA process of preparation persons who have never been baptized, those already baptized in another Christian tradition, or baptized Catholics who have not received First Eucharist or Confirmation. **The celebration of Christian initiation takes place at the Easter Vigil liturgy.** If you or someone you know has been thinking about becoming a member of the Catholic Church, but would first like information about the process, please call Sr. Regina at 201-871-4662.

Confirmation



Confirmation is a sacrament in which those who have been baptized receive the fullness of the Holy Spirit, just as the Lord sent the Holy Spirit upon his apostles at Pentecost.

Confirmation Ceremony
OLMC Church
Wednesday, June 8th at 7 PM

Rehearsal
 Monday, June 6th at 7 PM in the church

Please be sure you have provided us with all required information for our records, including the name of your child's sponsor.

Who can be a sponsor for Confirmation?

A person who belongs to the Catholic Church and is fully initiated, having received Baptism, Confirmation, and Eucharist, can serve as a sponsor for Confirmation. The candidate's parents, however, cannot serve as their teen's sponsor.

If you have any questions or concerns, please contact Elliot Guerra at guerra@academyolmc.org.

**“Christ has confidence
in young people
and entrusts them with
the very future of his mission,
‘Go and make disciples.’”**

–Pope Francis



Let us introduce you to the Academy staff and the programs we have to offer. Visit our Web site at www.academyolmc.org.

Ms. Verdonck
Principal
201.567.6491
bverdonck@academyolmc.org

Experience the OLMC Difference!

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

We invite you to explore our website and reach out to us for more information.



National Blue Ribbon School Since 2012

Mrs. Walsh
Administrative Assistant
201.567.6491
ewalsh@academyolmc.org

Interested in registering for the Academy of Our Lady of Mount Carmel?

Please contact our Admissions Director, Mrs. Eileen Walsh at 201-567-6491 to register for Grades PreK3 through 8.

We are now offering two options for PreK3!



Option 1
Half Day Session
Monday through Friday
8:10 AM – 11:15 AM

Option 2
Full Day Session
Monday through Friday
8:10 AM – 2:30 PM



The following graduates from OLMC will be graduating from Academy of the Holy Angels on Friday, June 3, 2022 at 10 A.M.

Sophia Melone
Nicolette Otero
Nicole Sinda
Briana Uddo
Mackenzie Wedeen

Congratulations!
Best wishes in your future endeavors!

Bergen Catholic High School

Bergen Catholic Lead On Program: This program is a three-week summer enrichment program designed for students entering 7th and 8th grades. It provides a stimulating classroom experience in which students will explore and enjoy a variety of topics. Program descriptions and registration can be found on the Bergen Catholic website. Please contact Mr. Matt Rosa '08, VP of Admissions if you have any questions.

Check out www.academyolmc.org for all events taking place at Academy of OLMC!



Start eGiving Today!

Recurring giving that helps plan our parish's needs and programs.

- Convenient
- Consistent
- Secure

VISA – MASTERCARD
 AMERICAN EXPRESS – DISCOVER
 DEBIT CARD

Ways to Give

- ◆ Enroll online at faith.direct/NJ122
- ◆ Text “Enroll” to **201-308-1189**

Download the Faith Direct app now in the [Apple Store](#) or [Google Play](#).

For more information about Faith Direct, please contact:

1-866-507-857 (toll-free)
info@faithdirect.net
faithdirect.net



Amazon.com donates 0.5% of the sale price of most items sold by Amazon and purchased through the Amazon Smile website to a designated charity. Shop www.smile.amazon.com and designate OLMC (listed in Amazon's directory as “Our Lady of Mt Carmel Church”) as the recipient. The account holder uses the same login and account information.

Annual Appeal ^{the 2022}

The 2022 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties. Now more than ever, especially during this health crisis, our ministries and programs need your support.

Will you prayerfully consider making a gift to the *2022 Annual Appeal*? Please visit www.rcan.org/sharing for information on making your gift to the Annual Appeal.

The Office of Concern Food Pantry at St. Cecilia Church, Englewood

The collection for the Office of Concern is the **SECOND WEEKEND** of each month.

The Office of Concern at St. Cecilia accepts donations of non-perishable items. Non-perishable items can be placed in the elevator lobby at OLMC or dropped off at the Office of Concern at St. Cecilia, Englewood. The Office of Concern also accepts donations of diapers, baby wipes and personal care items.

Another way to help the Office of Concern is to write a check payable to “OLMC” and mark it “Scrip” in the memo line. We will purchase supermarket gift cards (at no additional cost to you) that will assist our Academy and provide funds to the Office of Concern.

Thank you to all who donate to the Office of Concern to help those in our community.

