

the catholic community of  
**OUR LADY OF MOUNT CARMEL**



Volume 9, Issue 52: December 25, 2022

The Nativity of the Lord (Christmas)





**Masses**

**Daily**

Monday – Saturday 8:30 AM

**Weekends**

Saturday 5:00 PM  
 Sunday 8:00 AM, 10:00 AM, 12:00 NOON

**Holy Days**

As announced.

**Sacraments**

**The Sacrament of Reconciliation**

Saturday 4:00 – 4:30 PM, or by appointment.  
 Please call the Church Office to arrange an appointment.

**The Sacrament of Baptism**

The second Sunday of each month, except during Lent.  
 Please arrange for Baptism at least two months in advance.

**The Sacrament of Marriage**

Please make an appointment with a priest or deacon at least one year in advance.

**The Sacrament of Anointing of the Sick**

Please call the Church Office to request a visit.

**Staff Directory**

**Pastor**

Fr. Richard Supple, O.Carm.  
 t - 201.568.0545  
 e - rectory@olmc.us

**In Residence**

Fr. Emmett Gavin, O.Carm.  
 e - egavin@carmelnet.org

**Church Office**

Barbara Tamborini, Church Bookkeeper  
 e - bookkeeper.olmc@hotmail.com  
 Mary Ann Nelson, Administrative Assistant  
 t - 201.568.0545  
 f - 201.568.3215  
 e - rectory@olmc.us

Roxanne Kougasian, Secretary  
 t - 201.871.4662  
 e - 4roxanneolmc@gmail.com

**Deacons**

Deacon Lex Ferraiola  
 e - deaconlex@gmail.com  
 Deacon Michael Giuliano  
 e - Giuliano7@aol.com

**Mission Development**

Elliot Guerra, Director  
 t - 201.218.8956  
 e - guerra@academyolmc.org

**Music Ministry**

Andrea Covais, Music Director  
 e - acovais@olmc.us  
 June Marano-Murray, Organist

**Religious Education Office**

Sr. Regina M. Chassar, SSJ, Director  
 t - 201.871.4662  
 e - reled@olmc.us

**Confirmation Program**

Elliot Guerra, Director  
 t - 201.218.8956  
 e - guerra@academyolmc.org

**Academy**

Barbara Verdonck, Principal  
 t - 201.567.6491  
 f - 201.568.1402  
 e - bverdonck@academyolmc.org  
 Eileen Walsh, Administrative Assistant  
 e - ewalsh@academyolmc.org

**Facilities**

Ed McElroy, Facility Director  
 t - 201.906.4389  
 e - epmremodeling@aol.com

**Our Lady of Mount Carmel Mission Statement**

“We are the Roman Catholic Community of  
 Our Lady of Mount Carmel based in Tenafly, New Jersey.  
 Our mission is the promotion of the holiness of life through  
 the celebration of the Sacraments, the sharing of the Gospel  
 and the promotion of Catholic values.

We offer pastoral care through ministries that provide  
 education, healing, spiritual growth and social outreach  
 in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,  
 no matter where you’re from, no matter where you’re going,  
 no matter how good or bad things seem,  
 you are always welcome.”*

## CHRISTMAS BLESSINGS

Dear Parishioners,

Christmas is a special time of year. It is a time to recognize the love and goodness of God; a time to know that Christ has come among us; a time to remember that God shares the same joys and sorrows that we do; a time to rejoice in the hope of eternal life that Jesus brings to each of us.

We welcome all who have joined with family and friends to celebrate this beautiful season with us. May your time together be pleasant and memorable.

On behalf of the parish staff I wish you a blessed and peace-filled Christmas and a happy and healthy New Year. May the Spirit of Christmas be with us throughout the year as we live out the Gospel values, bringing hope to the hopeless, feeding the hungry, giving drink to the thirsty, and loving God and neighbor. May the love of God and of his Son, Jesus Christ be with us always.

Sincerely,

Fr. Richard, Fr. Emmett, Fr. Ashley, Sr. Regina,  
Deacon Michael, and Deacon Lex

***“Christmas is joy,  
religious joy,  
an inner joy  
of light and peace.”***

– Pope Francis

**JOY** *to the  
world*  
*the* **LORD**  
*has come*

Fr. Richard, Fr. Emmett, Fr. Ashley,  
Sr. Regina, Deacon Michael, Deacon Lex,  
and the Parish Staff of  
Our Lady of Mount Carmel  
welcome you as we celebrate together  
the birth of our Savior.

Let us rejoice in the Lord,  
for Christ our Savior has been born.  
Today true peace  
has come down from heaven.

Let us receive the gift of  
our Lord Jesus Christ  
and proclaim His greatness  
today and throughout the New Year!



**TODAY'S GOSPEL MESSAGE**

Sunday, December 25<sup>th</sup>  
 Luke 2:1-14

“The angel of the Lord said. . .

‘Do not be afraid;

for behold, I proclaim to you good news of great joy  
 that will be for all the people.

For today in the city of David

a savior has been born for you who is Christ and Lord.

And this will be a sign for you:

you will find an infant wrapped in swaddling clothes  
 and lying in a manger.’

And suddenly there was a multitude of the heavenly host  
 with the angel, praising God and saying:

‘Glory to God in the highest  
 and on earth peace to those on  
 whom his favor rests.’”

**DAILY READINGS FOR THE WEEK**

**Monday** Acts 6:8-10; 7:54-59; Matthew 10:17-22

Saint Stephen, The First Martyr (Feast) – “Stephen is the first-named among the seven deacons chosen by the twelve apostles to minister to Greek-speaking Christians in Jerusalem. He is the first recorded martyr of the New Testament and patron saint of deacons.”

**Tuesday** 1 John 1:1-4; John 20:1a & 2-8

Saint John, Apostle and Evangelist (Feast) – “Like Peter, John and his brother James (the sons of Zebedee) were called from their fishing business to follow Jesus. John has been traditionally identified as the author of the fourth gospel, the Book of Revelation, the three letters that bear his name, and as the “Beloved Disciple.”

**Wednesday** 1 John 1:5—2:2; Matthew 2:13-18

The Holy Innocents, Martyrs (Feast) – “Today’s feast commemorates the male children slain instead of Jesus by King Herod in his desire to eliminate the newborn king.”

**Thursday** 1 John 2:3-11; Luke 2:22-35

**Friday** Sirach 3:2-6, 12-14; Matthew 2:13-15, 19-23

The Holy Family of Jesus, Mary, and Joseph (Feast) – “It is a feast that seeks to portray the Holy Family of Nazareth as the “true model of life” from which our families can draw inspiration and know where to find help and comfort.”

**Saturday** 1 John 2:18-21; John 1:1-18

SOURCE: *Living With Christ*, December 2022 and [www.vaticannews.va](http://www.vaticannews.va)

# Welcome

## to Our Lady of Mount Carmel Church

**To register with Our Lady of Mount Carmel Church**, please contact the Church Office at 201-568-0545 or find our form online at [www.olmc.us](http://www.olmc.us). Click on ‘Welcome’ and scroll down to ‘Parish Registration.’ Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

**Change of address?** Please contact the Church Office with your new mailing address so we can update our records. And, of course, we wish you happiness and blessings in your new home!

**Moving out of the parish?** If you will be moving out of the parish, please let us know. The Church Office and the Religious Education Office are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

**Suggestions? Comments?** The Parish Advisory Board reminds you that we want to hear from you! Please feel free to email your thoughts to us at [olmcadvisoryboard@gmail.com](mailto:olmcadvisoryboard@gmail.com).

**>> Please check out the pages of this bulletin and our website for ways that you can become involved in the parish life of Our Lady of Mount Carmel!**

# In this holy season of Christmas, we are so thankful. . .

For the many members of the parish who spent hours of their time constructing the nativity scenes for Our Lady of Mount Carmel Church and the town of Tenafly and for those who donated their time and talent to decorate our church this Christmas and beautify it throughout the year.



For all those parishioners who embraced our annual Giving Tree project for St. Simon Stock Church in the Bronx and “Stockings For Our Sisters” for the Franciscan Sisters in Tenafly, the Sisters of St. Joseph in Teaneck, and the Sisters of Notre Dame in Dumont. And to all those who responded to “Share The Warmth, Spread The Love” collection of socks that were distributed at The Hoboken Shelter. Thank you to each of you for your kindness and generosity.



For all who teach our children — in the Academy, the Religious Education Program, and our parish’s Confirmation Program. Your support and creativity in reaching out to students and teens is a testament to the power of the Holy Spirit working within you.

For all our liturgical ministers who help make every single celebration of the Eucharist, from weekday Masses to Sunday Masses, First Friday Masses, Holy Days of Obligation, and our Easter and Christmas Masses, prayerful and joyous. And for all those who give their time to all the liturgical needs of our church.

For the volunteers and donors to the Office of Concern who carry out the gospel mandate to feed the hungry.



For all who serve the meals in our name in partnership with Family Promise of Bergen County and especially for those willing to do so on Christmas Eve.



For all who give of their time, talent and treasure in so many ways to our parish’s outreach efforts.

**“In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”**

Matthew 5:16



For all who give their time and talent in an effort to build community in our parish—everything from this year’s Recital Series, OLMC Book Club, Women’s Book Group, Men’s Cornerstone and all that brings people together. And, a thank you to our Parish Advisory Board and Finance Council for their service to Our Lady of Mount Carmel Church.

**MASSES FOR THE WEEK**

**MONDAY, DECEMBER 26<sup>th</sup>**

8:30 Mary Gilchrist  
Requested by Her Family

**TUESDAY, DECEMBER 27<sup>th</sup>**

8:30 Ann Marie Loughlin  
Requested by Eileen Walsh

**WEDNESDAY, DECEMBER 28<sup>th</sup>**

8:30 Josephine Esposito  
Requested by Vinny Spoleti & Family

**THURSDAY, DECEMBER 29<sup>th</sup>**

8:30 Ann Marie Loughlin  
Requested by Mike & Arlene Prelee

**FRIDAY, DECEMBER 30<sup>th</sup>**

8:30 Mary Del Priore  
Requested by The Del Priore Family

**SATURDAY, DECEMBER 31<sup>st</sup>**

8:30 Monica Schrank  
Requested by The Miglietta Family

5:00 Pauline Rancan  
Requested by Her Family

**SUNDAY, JANUARY 1<sup>st</sup>**

8:00 Bertha Philpott  
Requested by The Roux Family

10:00 Parishioners of Our Lady of Mount Carmel

12:00 Carrie Schurmann  
Requested by Joan Kroese



*Let us pray for the needs of the following individuals:*

- |                       |                           |
|-----------------------|---------------------------|
| Lorna Asuncion        | Patricia Lefevere         |
| Liz Azazian           | Antonio Lopez             |
| Brian Bingman         | Lolita Lopez              |
| Dave Clemens          | Charles Machaka           |
| Stephanie Conti       | Dikeledi Machaka          |
| Tom Cooke             | Catherine Marchiona       |
| Cathy Correr          | June Miller               |
| Richard Correr        | Aaron Monteagudo          |
| Sr. Pat Coyle         | Joseph Pae                |
| Richard Crony         | Henriette Paternayan      |
| Sereno Danese         | Alexander Pavur           |
| Denise de Almeida     | Anastasia Pavur           |
| Rachel Durso          | John Salvatore            |
| Patricia Eboli        | Vita Santulli             |
| Corazon E. Evora      | Eufrocina Sarreal Paredes |
| Deacon Lex Ferraiuola | Jason Scalora             |
| Wanda Ferraiuola      | Kathleen Selinka Dragon   |
| Cynthia Fineza        | Nicholas Sequino          |
| Judy Gegel            | Betty Supple              |
| Terri Giovannone      | Jeanny Torres             |
| Amy Hartwell          | Liza Ty Beasca            |
| Michael Kashmer       | Rosario Ugarte            |
| Luca Kashmer Floridis | Diana Valencia            |
| Jeffery Kellish       | Sara Van Horne            |
| Adam Kokosinski       | Claudia Velarde           |



“LORD, be gracious to us; we long for you.  
Be our strength every morning,  
our salvation in time of distress.”

Isaiah 33:2

Please contact the Church Office at 201-568-0545 if you would like a loved one’s name placed on our prayer list. Also, please let us know if a loved one’s name is to be removed from the prayer list.

**THE BREAD AND WINE**

This week the Bread and Wine are for the Special Intentions of Theresa Santa Maria.



**THE SANCTUARY LAMP**

This week the Sanctuary Lamp is in memory of Peggy Martini requested by Her Husband, Chuck and Family.



**REST IN PEACE**

Please remember in your prayers all the military men and women who have died this week.

**2023 Mass Intentions,  
Bread & Wine, Sanctuary Lamp**

Please visit the Church Office to request to have a Mass offered for your chosen intention or to sponsor the Bread and Wine or Sanctuary Lamp with a special intention for the week. Intentions can be in memory of a loved one, in celebration of a special occasion, in thanksgiving, or special intentions.



Congratulations and welcome to those recently baptized at Our Lady of Mount Carmel Church.

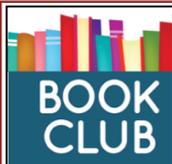
*Parisa Ardebili*  
*Parnaz Ardebili*  
*Parsa Ardebili*  
*Sofia Lucy Colona*  
*Cameron Cuomo*  
*Rio Flecha*  
*Eduardo Joseph Garea*  
*Joseph William Henderson*  
*Vincent Mackaronis*  
*Cassius Roel Paras*  
*Leonardo Rodriguez*  
*Camille Florence Solga*  
*Giselle Violet Woods*



May the Lord bless you and keep you in His care.

## MEN'S CORNERSTONE

Men's Cornerstone brings together men of five local parishes who share with each other their faith and challenges around a theme. We meet every other Wednesday at St. Mary's Church, 20 Legion Place, Closter at 7:30 PM. **The next meeting is January 4<sup>th</sup>.** Please call Deacon Michael Giuliano at 201-983-1591, if interested.



## MOUNT CARMEL BOOK CLUB

Facilitated by Elliot Guerra

**The next meeting will be on Tuesday, January 10<sup>th</sup> at 9:15 AM and 7:30 PM** in the Titus Room/Conference Room. If interested in joining, please contact Elliot Guerra at [guerra@academyolmc.org](mailto:guerra@academyolmc.org) or Mary Ann at the Church Office at 201-568-0545.

The Church primarily celebrates Christmas [for twelve days] from Christmas Day until the Solemnity of the Epiphany, which commemorates the manifestation of Christ as the Savior of the whole world (cf. Mt. 2:1-12). The Church has also traditionally celebrated Christmas for 40 days, culminating on the Feast of the Presentation on Feb. 2. During this time, the birth of Christ is celebrated as one continuous festival. It is just as important to celebrate during the Christmas season as it is to prepare for Christ during Advent.

SOURCE: [www.catholiceducation.org](http://www.catholiceducation.org)

## 12 Days of Christmas

### Day 1: A partridge in a pear tree

The partridge in the pear tree represents Christ because the partridge is willing to sacrifice its life to protect its young.

### Day 2: Two turtle doves

Two turtle doves represent the Old Testament and New Testament. The dove is also a symbol of peace.

### Day 3: Three French hens

Three French hens symbolize faith, hope, and love.

### Day 4: Four calling birds

Four calling birds symbolize the four Gospels: Matthew, Mark, Luke, and John.

### Day 5: Five golden rings

Five golden rings represent the first five books in the Old Testament.

### Day 6: Six geese-a-laying

Six geese-a-laying represent the six days of creation.

### Day 7: Seven swans-a-swimming

Seven swans represent the gifts of the Holy Spirit.

### Day 8: Eight maids-a-milking

Eight maids-a-milking represent the Beatitudes.

### Day 9: Nine ladies dancing

Nine ladies dancing represent the fruits of the Holy Spirit.

### Day 10: Ten lords-a-leaping

Ten lords-a-leaping represent the Ten Commandments.

### Day 11: Eleven pipers piping

Eleven pipers piping symbolize the eleven faithful apostles.

### Day 12: Twelve drummers drumming

Twelve drummers drumming represent the twelve points of belief in the Apostles' Creed.

SOURCE: [www.catholicnewsagency.com](http://www.catholicnewsagency.com)



## Religious Education

### Religious Education Class Schedule

Sunday, December 25<sup>th</sup> (NO CLASS)  
 Tuesday, December 27<sup>th</sup> (NO CLASS)  
 Sunday, January 1<sup>st</sup> (NO CLASS)  
 Tuesday, January 3<sup>rd</sup> (3:30-4:45 PM)



“Christmas is one of the most important days of the liturgical year, second only to Easter itself. It is the feast of the incarnation, the feast of God becoming flesh. Every Eucharist is like Christmas where the bread and wine are transformed into His flesh, His Body and Blood, and, in a sense, He is born anew on the altar.”

SOURCE: [www.usccb.org](http://www.usccb.org)

### The Christmas Story

by Leanne Guenther

Once upon a time,  
 A long, long time ago,  
 Begins the story of a baby,  
 That most of you should know.

His daddy’s name was Joseph,  
 And Mary was His mom,  
 This babe was very special  
 He was God’s only Son.

Some angels came from heaven,  
 And they began to sing.  
 To the shepherds in the fields below,  
 “Glad tidings do we bring!”

A bright star lit the heavens,  
 To light the magi’s way  
 To the baby in the manger  
 Who was born on Christmas day.

And all who gathered round Him,  
 Rejoiced and praised His birth,  
 For the babe, the King, named Jesus,  
 Is our Savior here on earth!



### Sacrament of Confirmation

**CONFIRMATION SESSION**  
**SUNDAY, January 8<sup>th</sup>**  
**9:00 A.M. in the Auditorium**

Please enter the building via the north parking lot and take the stairs or elevator down to the lower level to the Auditorium.

Sessions are for Confirmation candidates only. Candidates are required to attend all sessions.

### Sacrament of First Reconciliation

The sacrament of First Reconciliation will be celebrated on January 21<sup>st</sup> at 11 A.M. for children whose last name begins with A – L and at 1:30 P.M. for children whose last name begins with M – Z.

Children in second grade are getting ready to prepare to receive the sacrament of First Reconciliation. Be sure to register your child for this sacrament! A sacrament registration form was mailed to families with a child who is to receive First Reconciliation and First Eucharist this school year.

Please be sure to work with your child on the pages in the workbook you received at the First Reconciliation Parent Meeting in order to help your child prepare for this special sacrament.



Let us introduce you to the Academy staff and the programs we have to offer.

Visit our Web site at [www.academyolmc.org](http://www.academyolmc.org).

Ms. Verdonck  
Principal  
201.567.6491  
bverdonck@academyolmc.org

### *Experience the OLMC Difference!*

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

*We invite you to explore our website  
and reach out to us  
for more information.*



**National Blue  
Ribbon School  
Since 2012**

Mrs. Walsh  
Administrative Assistant  
201.567.6491  
ewalsh@academyolmc.org



“May God surround you  
and your families  
with much peace, love, and joy.”

—Ms. Verdonck, Principal

### *As we thank our family and friends this Christmas season . . .*

Thank you for being a soft and gentle light in my life.

Thank you for the thoughtfulness you've shown so often.

Thank you for all the things you've done for me, not out of obligation, but out of the goodness of your heart and in the spirit of love and concern.

Thank you for the loyalty and trust you inspire.

Thank you for the lessons in humanity that you've taught me.

Thank you for being an example of a caring person.

SOURCE: Fargo, Donna. Blue Mountain Arts. Copyright PrimaDonna Entertainment Corp.



## Start eGiving Today!

Recurring giving that helps plan our parish's needs and programs.

- Convenient
- Consistent
- Secure

VISA – MASTERCARD  
 AMERICAN EXPRESS – DISCOVER  
 DEBIT CARD

## Ways to Give

- ◆ Enroll online at [faith.direct/NJ122](http://faith.direct/NJ122)
- ◆ Text “Enroll” to 201-308-1189

Download the Faith Direct app now in the Apple Store or Google Play.

For more information about Faith Direct, please contact:

1-866-507-8757 (toll-free)  
[info@faithdirect.net](mailto:info@faithdirect.net)  
[faithdirect.net](http://faithdirect.net)



## Annual Appeal <sup>the 2022</sup>

The 2022 Annual Appeal will fund essential programs and ministries at the heart of our Catholic mission in our four counties. Now more than ever, especially during this health crisis, our ministries and programs need your support. Will you prayerfully consider making a gift to the *2022 Annual Appeal*? Please visit [www.rcan.org/sharing](http://www.rcan.org/sharing) for information on making your gift to the Annual Appeal.



Make a purchase at any Metropolitan Plant & Flower Exchange location valued at \$50 or more and Metropolitan will donate \$10 to Our Lady of Mt. Carmel, Tenafly.

Complete Form Below & Present at Time of Purchase  
 Expires 12/31/2022

\*Cannot be combined with any other offers.\*

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_

(For Store Use)

Order # \_\_\_\_\_ Total \$ \_\_\_\_\_ Date \_\_\_\_\_

2125 Fletcher Ave. Fort Lee, NJ 201-944-1050	471 Mt. Pleasant Ave. West Orange, NJ 973-736-0049	840 Route 17 N Paramus, NJ 201-445-7101
--	--	---

Visit Metropolitan Plant & Flower Exchange or place an order by calling 1-800-METRO-13

◆  
**Metropolitan Farm**  
 119 Hickory Lane, Closter, NJ 07624  
 201-767-0244



**Amazon.com** donates 0.5% of the sale price of most items sold by Amazon and purchased through the Amazon Smile website to a designated charity. Shop [www.smile.amazon.com](http://www.smile.amazon.com) and designate OLMC (listed in Amazon's directory as "Our Lady of Mt Carmel Church") as the recipient. The account holder uses the same login and account information.