the catholic community of
OUR LADY OF MOUNT CARMEL

Volume 10, Issue 12: March 19, 2023 Fourth Sunday of Lent

"I DO BELIEVE, LORD."

John 9:38

10 County Road / Tenafly, NJ 07670 / 201.568.0545 / www.olmc.us

Masses

Daily
Monday – Saturday 8:30 AM

Weekends
Saturday 5:00 PM
Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days
As announced.

Sacraments

The Sacrament of Reconciliation
Saturday 4:00 – 4:30 PM, or by appointment.
Please call the Church Office to arrange an appointment.

The Sacrament of Baptism
The second Sunday of each month, except during Lent.
Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage
Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick
Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

"We are the Roman Catholic Community of
Our Lady of Mount Carmel based in Tenafly, New Jersey.
Our mission is the promotion of the holiness of life through
the celebration of the Sacraments, the sharing of the Gospel
and the promotion of Catholic values.
We offer pastoral care through ministries that provide
education, healing, spiritual growth and social outreach
in the Carmelite tradition."

"No matter who you are, no matter what you've done,
no matter where you're from, no matter where you're going,
no matter how good or bad things seem,
you are always welcome."

Staff Directory

Pastor
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TODAY'S GOSPEL MESSAGE

Sunday, March 19th
John 9:1-41

"As Jesus passed by he saw a man blind from birth. His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' Jesus answered, 'Neither he nor his parents sinned; it is so that the works of God might be made visible through him' . . . When he had said this, he spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, 'Go wash in the Pool of Siloam' – which means Sent – . So he went and washed, and came back able to see."

Reflection: "As wonderful as it is that Jesus heals people or puts an end to their physical disabilities, it is every bit as important that he welcomes them into full participation in society. The blind man was considered unclean. Jesus not only gives him sight, he gives him admittance to the synagogue. The man he healed could once again fully participate in his faith, albeit not inside the synagogue, but – even more intimately – in the very presence of the Lord."

SOURCE: *Pastoral Patterns*, Spring 2023

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DAILY READINGS FOR THE WEEK

Monday 2 Samuel 7:4-5a, 12-14a, 16; Romans 4:13, 16-18, 22; Matthew 1:16, 18-21, 24a

Saint Joseph, Spouse of the Blessed Virgin Mary *(Solemnity)* – "According to the gospels, Joseph was a skilled craftsman and a descendant of King David. Matthew's infancy narrative in particular focuses on Joseph's dilemma. Embarrassed by Mary's pregnancy with a child that is not his, Joseph decided to quietly dissolve their marriage contract. But he is told in a dream to take Mary as his wife and make her child his own, and so he became the earthly father of Jesus."

Tuesday Ezekiel 47:1-9, 12; John 5:1-16

Wednesday Isaiah 49:8-15; John 5:17-30

Thursday Exodus 32:7-14; John 5:31-47

Friday Wisdom 2:1a, 12-22; John 7:1-2, 10, 25-30

Saturday Isaiah 7:10-14; 8:10; Hebrews 10:4-10

The Annunciation of the Lord *(Solemnity)* – "This feast celebrates the wondrous event that binds God and humanity forever. Christ, the Word who becomes the Son of Mary, is enfleshed in her womb, making Mary the Mother of God. The liturgy celebrates the beginning of God's new redemptive work and recognizes Mary as the 'new Eve,' the obedient and faithful woman who agreed to be a participant in God's plan of salvation."

SOURCE: *Living With Christ*, March 2023

to Our Lady of Mount Carmel Church

To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on 'Welcome' and scroll down to 'Parish Registration.' Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

Change of address? Please contact the Church Office with your new mailing address so we can update our records. And, we wish you happiness and blessings in your new home!

Moving out of the parish? If you will be moving out of the parish, please let us know. The Church Office and the Religious Education Office are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

Suggestions? Comments? The Parish Advisory Board reminds you that we want to hear from you! Please email your thoughts to us at olmcadvisoryboard@gmail.com.

>>**Please check out the pages of this bulletin and our website for ways that you can become involved in the parish life of Our Lady of Mount Carmel!**

MASSES FOR THE WEEK

MONDAY, MARCH 20th
8:30 Don Miller, Jr.
Requested by Mary Buchanan

TUESDAY, MARCH 21st
8:30 Angelito Aborde
Requested by Beth & Alex Aborde

WEDNESDAY, MARCH 22nd
8:30 Blewitt Family
Requested by Nora Blewitt

THURSDAY, MARCH 23rd
8:30 Nicholas Sequiro (for healing)
Requested by The Rico Family

FRIDAY, MARCH 24th
8:30 Young I. Kim (Second Anniversary)
Requested by His Family

SATURDAY, MARCH 25th
8:30 Don Miller, Jr.
Requested by Marianne Reilly

5:00 Stephen Klapach
Requested by Eva Matischak

SUNDAY, MARCH 26th
8:00 Parishioners of Our Lady of Mount Carmel

10:00 Lisa Forte
Requested by The Antonucci Family

12:00 Ray Starr

Let us pray for the needs of the following individuals:

Carmelo Abbruzzesi	Patricia Lefevere
Marie Abbruzzesi	Antonio Lopez
Lorna Asuncion	Lolita Lopez
Liz Azazian	Charles Machaka
Brian Bingman	Dikeledi Machaka
Dave Clemens	Catherine Marchiona
Tom Cooke	June Miller
Cathy Correri	Aaron Monteagudo
Richard Correri	Joseph Pae
Sr. Pat Coyle	Henriette Paternayan
Richard Croney	Alexander Pavur
Sereno Danese	Anastasia Pavur
Denise de Almeida	John Salvatore
Rachel Durso	Vita Santulli
Corazon E. Evora	Eufrocina Sarreal Paredes
Deacon Lex Ferrauiola	Jason Scalora
Wanda Ferrauiola	Kathleen Selinka Dragon
Cynthia Fineza	Nicholas Sequino
Terri Giovannone	Betty Supple
Michael Kashmer	Elena Ugarte
Luca Kashmer Floridis	Rosario Ugarte
Evan G. Kellish	Diana Valencia
Adam Kokosinski	Sara Van Horne

Please contact the Church Office at 201-568-0545 if you would like a loved one's name placed on our prayer list. Also, please let us know when your loved one's name can be removed from the list.

THE BREAD AND WINE

This week the Bread and Wine are in memory of Mary Crowley requested by The Crowley Family.

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THE SANCTUARY LAMP

This week the Sanctuary Lamp is in memory of Marie Arena requested by The Paone Family.

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REST IN PEACE

Please remember in your prayers all the military men and women who have died this week.

CONTRIBUTION STATEMENT FOR TAX YEAR 2022

Please note . . .

Anyone requiring a contribution statement for your 2022 income tax filing can contact the Church Office at 201-568-0545. Please be sure to provide your name, address and phone number. Statements will ***only*** be sent upon request.

Join us for guided Stations of the Cross on Fridays during Lent at 7 PM in the Church. Anyone who wishes to pray the Stations of the Cross may do so any time the Church is open.

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus' last day on earth as a man. The 14 devotions, or stations, focus on specific events of his last day, beginning with his condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are completed.

LENTEN REGULATIONS REGARDING FAST & ABSTINENCE

The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. **The other Fridays of Lent are days of Abstinence.**

On a day of Fast, only one full meal is permitted **and two smaller meals which, if added together, would not exceed the main meal in quantity**. Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

Lent is . . .

"time to open our eyes to the loving sacrifice made by our Lord and Savior, Jesus Christ. It's time to open our hearts to his forgiveness and grace. It's time to open our eyes, ears and arms to those around in Christ's name."

SOURCE: David Mead, Creative Communications for the Parish

The last Lenten Penance Service in our deanery will be held here at **Our Lady of Mount Carmel Church on Monday, March 27th at 7 PM**. Through the sacrament of reconciliation our sins are forgiven and we are given the grace to be more like Christ. All are invited to receive the sacrament of reconciliation this Lenten season.

"And let us not forget the *spiritual works of mercy*: to counsel the doubtful, instruct the ignorant, admonish sinners, comfort the afflicted, forgive offenses, bear patiently those who do us ill, and pray for the living and the dead."

Pope Francis – Misericordiae Vultus, N. 15

SOURCE: *Pope Francis: Living Lent with Mercy*. Rev. Warren J. Savage: Creative Communications for the Parish, ©2016. Print.

Find help in the Bible when you are facing . . .

DISCOURAGEMENT

Romans 12:11-12
John 14:27
Deuteronomy 31:8

Find help in the Bible when you need . . .

HOPE

1 Peter 1:3-5
Hebrews 6:9-12
Lamentations 3:24-25

"The Woman at the Well"

Deacon Lex Ferrauiola

One of my favorite Lenten Gospels tells us about Jesus reaching out to a social outcast within a land of social outcasts. The encounter between Jesus and the *woman at the well* happens in Samaria. It is a place that the Jewish people avoided like the plague. They saw the Samaritans as ritually unclean, too polluted for respectable, God-fearing people to be around. Yet Jesus goes into this place, sits down at a well and carries on a conversation with an unaccompanied woman. In those days, and particularly in that part of the world, a woman out by herself was considered an outcast even by her own people.

But this woman has bigger issues. She's been married five times and is now living with a sixth person. Her own people look down upon her and, from her conversation with Jesus, it is apparent that she has very little self-esteem.

Despite her lifestyle and self-alienation, Jesus reaches out to her and offers her *living water*, the presence of God. And this woman, this social outcast, this 'sinner' recognizes and accepts Jesus as Lord while his own people, the upstanding people of the Mosaic Law, do not. And she is so moved that she runs back to her village to tell and bring her fellow outcasts back to meet him.

Society, our institutional structures, and sadly maybe even our own families, sometimes throw people out. Sometimes it's other people, sometimes it's even ourselves. And maybe we buy into it: we see ourselves, and others, as unworthy of God's love — because we, or they, are different, because we, or they, don't quite fit in. But even then, God comes into our darkest places to find us and to give us the living water of his love, just like he did for that Samaritan woman in that Lenten gospel.

As we continue our journey through Lent, let us recognize that despite our bad choices, our mistakes and even our sins, God loves each of us very much. And let us go out into the Samarias of our own life to love and accept others as God loves and accepts us.

Fr. Richard and the Parish Advisory Board invite you to OLMC's COMMUNITY NIGHT!

Saturday, May 13th
7 PM - 11 PM
OLMC Auditorium

Come for the food.
Stay for the fellowship.

Tickets: $40 per person

Save the date

Concert Series At Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark

'Organ Recital' – **Sunday, March 19th at 3 PM**. Presenting 'We Shall Overcome' with Nathaniel Gumbs. No admission charge.

'Choral Meditations on the Stations of the Cross' – **Good Friday, April 7th at 8 PM**. The Cathedral Choir, under the direction of John J. Miller, presents meditations within the context of the Stations of the Cross. No admission charge.

Immaculate Heart Academy 2023 Spring Musical

Immaculate Heart Academy, Township of Washington, NJ, is proud to present its 2023 Spring Musical, *Xanadu*, on **Friday, March 24 at 7:30 p.m.; Saturday, March 25 at 2 p.m. and 7:30 p.m.; and Sunday, March 26 at 2 p.m.** *Xanadu* is a fun musical based on the 1980 film of the same name. Student actors come from many schools including IHA, St. Joseph Regional High School, and Clarkstown South High School. Tickets are $20 and can be purchased at www.performingartsattheheart.com. Performances will take place in IHA's Performing Arts Center, 500 Van Emburgh Ave., Township of Washington.

PRAYER TO SAINT JOSEPH

Feast Day: March 19
Celebrated on March 20, 2023

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted His Only Son.
In you Mary placed her trust.
With you Christ became man.

Blessed Joseph, to us too,
Show yourself a father
And guide us in the path of life.
Obtain for us grace, mercy, and courage,
And defend us from every evil.

Amen.

MEN'S CURSILLO RETREAT

Save the Dates
June 1st – 4th
Kearny Retreat Center

Deepen your faith and make new friends for the journey. Men's Cursillo Retreat is a four-day retreat to learn about our faith, renew our faith, and share our faith. Please call Deacon Michael Giuliano at 201-983-1591, if interested.

"Trials Lead to God's Glory

We must undergo many trials if we are to enter the kingdom of God. But difficulties and trials are part of the path that leads to God's glory, just as they were for Jesus who was glorified on the cross; we will always encounter them in life! Do not be discouraged! We have the power of the Holy Spirit to overcome these trials!"

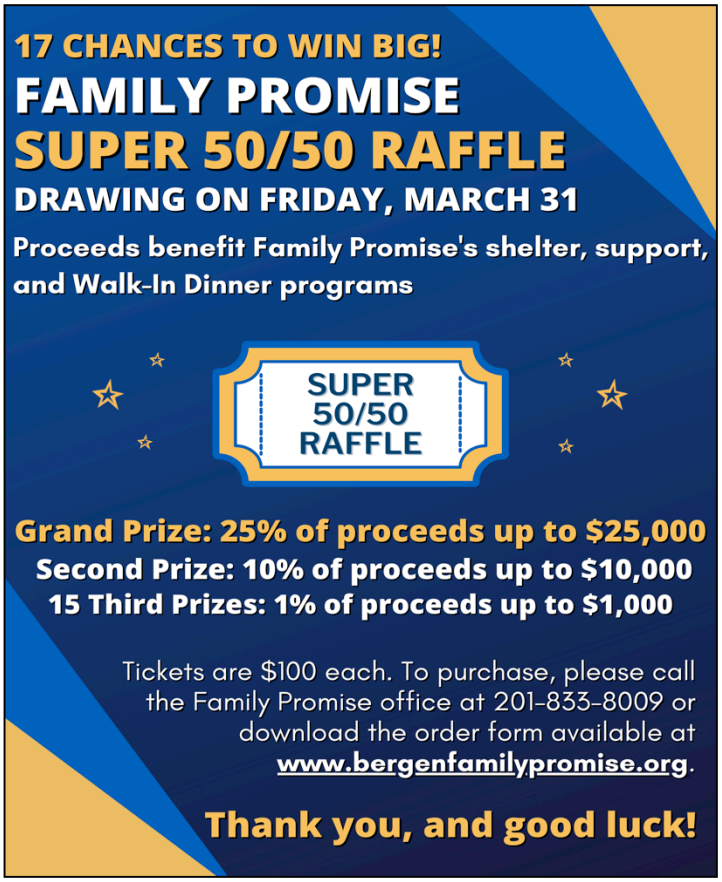
SOURCE: *Pope Francis Speaks to Our Hearts: Words of Challenge and Hope*. Frederick: The Word Among Us Press, 2013. Print.

Family Promise Walk-in Dinner

Service Dates for 2023

Saturday, May 6
Monday, June 12
Monday, July 10
Wednesday, August 2
Monday, September 11
Tuesday, October 10
Monday, November 13
Monday, December 11

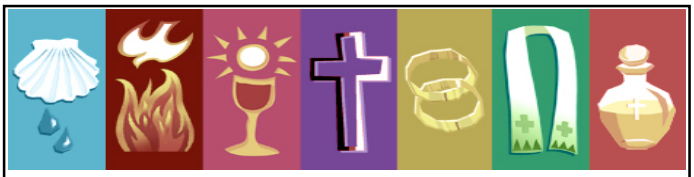
The OLMC community joins together to feed Bergen County's most vulnerable citizens through the Family Promise Walk-in Dinner Program. If you are interested in donating cooked food or pre-packaged desserts, or preparing food in OLMC's kitchen, please contact Elliot Guerra at guerra@academyolmc.org as it gets closer to the date you would like to assist.



Religious Education Class Schedule

Sunday, March 19th	(8:45-9:55 AM)
Tuesday, March 21st	(3:30-4:45 PM)
Sunday, March 26th	(8:45-9:55 AM)
Tuesday, March 28th	(3:30-4:45 PM)

Traffic Control and Safety: Parents are asked to park in a parking space when picking up their child from class.



Jesus touches our lives through the sacraments. Our celebrations of the sacraments are signs of Jesus' presence in our lives and a means for receiving his grace.

THE VICTORY RETREAT

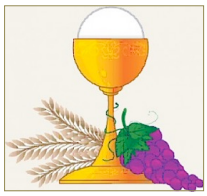
"Run, so as to win . . ."

Sunday, March 19
9 AM – 2 PM at OLMC

Please keep our Confirmation candidates in your prayers as they spend time in retreat with the Lord.

The celebration of Confirmation will take place at OLMC Church on Wednesday, April 26th at 7 PM. Rehearsal is Monday, April 24th at 7 PM in the church

First Eucharist



The immediate preparation for First Eucharist begins once children have received First Reconciliation. The Eucharist is the center of Catholic life.

Parents are the primary educators of their children and are responsible for initiating their children into the sacramental life. Please work with your child on the workbook you received at the First Eucharist Parent Meeting.

Take a moment to explain to your child that preparing to receive Jesus in the Eucharist is like preparing for other special occasions in your family's life. It's exciting and important!

The Seven Gifts of the Holy Spirit

WISDOM
UNDERSTANDING
✓KNOWLEDGE
COURAGE/ FORTITUDE
COUNSEL
PIETY/REVERENCE
WONDER & AWE

Please see future bulletins as we take a look at each of the Gifts of the Holy Spirit.

KNOWLEDGE

Knowledge is the ability to find important information and facts and look at them objectively and intelligently.

>*The more knowledge you have about the world, the better you will be able to make wise decisions and to assist others. Can you think of a person you respect because he or she is knowledgeable and acts for the good because of this knowledge?*

SOURCE: Our Sunday Visitor, *Catholic Parent Know-How,* © 2007 by Our Sunday Visitor Publishing Division

Eucharist Is The Heart Of Christian Life…

Families sharing meals together help children understand many concepts that are important to understanding Eucharist.

Children grasp concepts like unity and belonging from experiences of sharing, listening, eating, conversing, thanking and celebrating. This is done at special holiday dinners, birthdays and everyday family meals.

These experiences at family gatherings are not only helpful to the First Communicant, but the whole family benefits as they grow in the understanding of Christian family life.

SOURCE: Unknown

Let us introduce you to the Academy staff and the programs we have to offer. Visit our Web site at www.academyolmc.org.

Experience the OLMC Difference!

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person–intellectually, spiritually, physically, socially and emotionally–while building a strong foundation of ethical and moral ideals.

National Blue Ribbon School Since 2012

Ms. Verdonck
Principal
201.567.6491
bverdonck@academyolmc.org

We invite you to explore our website and reach out to us for more information.

Mrs. Walsh
Administrative Assistant
201.567.6491
ewalsh@academyolmc.org

Please Join Us For

Academy of Our Lady of Mount Carmel's

INTERNATIONAL NIGHT

SATURDAY, MARCH 25th

6:30PM Until 8:30PM

TICKETS ARE $10 PER PERSON $5 FOR STUDENTS

Come Celebrate the Cultures of OLMC

* Taste Foods * Enjoy Music
* Explore Customs & Cultures
* Hear Languages * Have Fun!

OLMC School Auditorim
10 County Road - Tenafly, NJ

We are looking for volunteers to help out with this event. If interested text or call Suzie at 917.991.7857

Please Detach & Return Bottom Section With Payment To Your Child's Teacher By March 23rd

Child name(s) _____ Email address: _____

Adults: _____ # Children: _____ Payment Method (check one): Cash____ check ____

* If Paying By Check Please Make Payable to OLMC Parent Guild
** Boarding Passes for the Event will be emailed to you prior to the event or provided at check-in

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info@faithdirect.net

"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." (1 Samuel 16:7)

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

EASTER ALTAR FLOWERS

If you would like to make a donation to help with the cost of flowers that will decorate our church for Easter, please fill out the form below. Donations may be made in memory of a loved one or for a special intention. Checks should be made payable to Our Lady of Mount Carmel Church and can be dropped in the collection box or returned to the church office.

–PLEASE PRINT CLEARLY–

Donated by:_____

Email:_____

Phone #:_____

In Memory of:

_____

_____

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_____

_____

_____

Special Intentions for:

_____

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