the catholic community of OUR LADY OF MOUNT CARMEL

Volume 11, Issue 4: January 28, 2024

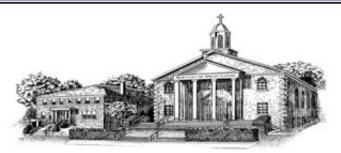
Fourth Sunday in Ordinary Time



Catholic Schools

United in Faith and Community

National Catholic Schools Week January 28 – February 3, 2024



Masses

Daily

Monday - Saturday 8:30 AM

Weekends

Saturday 5:00 PM Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days

As announced.

Sacraments

The Sacrament of Reconciliation

Saturday 4:00 – 4:30 PM, or by appointment. Please call the Church Office to arrange an appointment.

The Sacrament of Baptism

The second Sunday of each month, except during Lent. Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage

Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick

Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

"We are the Roman Catholic Community of Our Lady of Mount Carmel based in Tenafly, New Jersey. Our mission is the promotion of the holiness of life through the celebration of the Sacraments, the sharing of the Gospel and the promotion of Catholic values.

We offer pastoral care through ministries that provide education, healing, spiritual growth and social outreach in the Carmelite tradition."



"No matter who you are, no matter what you've done, no matter where you're from, no matter where you're going, no matter how good or bad things seem, you are always welcome."

Staff Directory

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TODAY'S GOSPEL MESSAGE

Sunday, January 28th Mark 1:21-28

Then they came to Capernaum, and on the Sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit...Jesus rebuked him and said, "Quiet! Come out of him!"...All were amazed and asked one another, "What is this?...He commands even the unclean spirits and they obey him."

Reflection

"The unclean spirit is made powerless and the man is freed of his torment. But the man would be wise to avoid the vulnerability that could lead to this demon returning to him, for it is only defeated for now, not destroyed forever. We too depend upon a higher power to exorcise our demons, but forever taking care to resist their reappearance later."

SOURCE: Pastoral Patterns, Winter 2023-2024



DAILY READINGS FOR THE WEEK

Monday 2 Samuel 15:13-14, 30; 16:5-13; Mark 5:1-20

Tuesday 2 Samuel 18:9-10, 14b, 24-25a, 30—19:3; Mark 5:21-43

Wednesday 2 Samuel 24:2, 9-17; Mark 6:1-6

<u>Saint John Bosco. Priest (Memorial)</u> – Born in Italy, seeing the fate of children in prison, he formed the Salesian Society, named after St. Francis de Sales, and taught poor and working class boys wherever there was a need. With the help of St. Mary Mazzarello, he also established the Salesian Sisters to do similar work among girls.

Thursday 1 Kings 2:1-4, 10-12; Mark 6:7-13

Friday Malachi 3:1-4; Hebrews 2:14-18; Luke 2:22-40

<u>The Presentation of the Lord (Feast)</u> – According to Mosaic Law, a new mother was ritually "unclean" for 40 days after giving birth. She then entered the temple with her child, bringing a sacrificial offering, to be cleansed by prayers. The Feast of the Presentation began in fourth-century Jerusalem and was soon celebrated in Rome. In the Middle Ages, the feast was called Candlemas and celebrated with a candle blessing and procession.

Saturday 1 Kings 3:4-13; Mark 6:30-34

SOURCE: Living With Christ, January 2024 and February 2024



to Our Lady of Mount Carmel Church

To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on 'Welcome' and scroll down to 'Parish Registration.' Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

Change of address? Please contact the Church Office with your new mailing address so we can update our records. And, we wish you happiness and blessings in your new home!

Moving out of the parish? If you will be moving out of the parish, please let us know. The Church and Religious Education Offices are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

See page 4

- Blessing in Commemoration of St. Blaise
- Medical Mission Team

See page 5

- Children's Liturgy of the Word
- Coffee & Conversation

See pages 6 & 7

- National Catholic Schools Week

MASSES FOR THE WEEK

MONDAY, JANUARY 29th

8:30 Raymond Reo Requested by Paul & Meddy Hellman

TUESDAY, JANUARY 30th

8:30 Bernard Richard Fallon Requested by Nick & Sandy Hroncich

WEDNESDAY, JANUARY 31st

8:30 Salle Wheeler Requested by Rose Sanders

THURSDAY, FEBRUARY 1st

8:30 Young-il Kim Requested by His Family

FRIDAY, FEBRUARY 2nd

8:30 Rosa Guillen (Living) Requested by Sandra Guillen

SATURDAY, FEBRUARY 3rd

8:30 Nelson Varona Requested by Hector & Jackie Varona & Family

5:00 Wanda Ferrauiola Requested by Kathy & Ted Kagy

SUNDAY, FEBRUARY 4th

8:00 Milton Nyazema Requested by OLMC Athletics and Parishioners of Our Lady of Mount Carmel

10:00 Wanda Ferrauiola Requested by Dolores Miller

12:00 Bruno Graizzaro
Requested by His Wife, Margie

Let us pray for the needs of the following individuals:

Carmelo Abbruzzesi Aria Marrero Lorna Asuncion June Miller Brian Bingman David Mobley Perla Biron Aaron Monteagudo Angie Bracconeri Joseph Pae Tom Cooke Anastasia Pavur Sr. Pat Coyle Meredith Sajdak Sereno Danese John Salvatore Denise de Almeida Vita Santulli

James Dockery Eufrocina Sarreal Paredes

Rachel Durso Jason Scalora

Corazon E. Evora Kathleen Selinka Dragon

Deacon Lex Ferrauiola Margaret Sullivan Terri Giovannone Roger Sullivan Betty Supple Rose Guillen Michael Kashmer Jocelyn Talla Luca Kashmer Floridis Rosario Ugarte Kellish Family Diana Valencia Evan G. Kellish Sara Van Horne Adam Kokosinski Reynante Viloria Catherine Marchiona



Please keep our Medical Mission team in your prayers this week while they are in Honduras. May they have a successful mission and safely return home.

THE BREAD AND WINE

This week the Bread and Wine are in memory of Ludivina Fineza.

THE SANCTUARY LAMP

This week the Sanctuary Lamp is in memory of John Preolo requested by Arlene Prelee.

REST IN PEACE

Please remember in your prayers all the military men and women who have died this week.



The altar flowers this week are given by
The Durso Family
in memory of
Ralph and Laura Durso.

To Commemorate the Feast of Saint Blaise there will be A SPECIAL BLESSING AFTER ALL MASSES NEXT WEEKEND IN THE CHURCH.

Calling All Cursillistas!

Join with other Cursillistas for an upcoming Ultreya evening to be held at Holy Family Church, 28 Brookline Avenue, Nutley on February 9th at 7 PM in the Parish Hall. Opening Prayer is at 7:30 PM. There will be music, prayer, refreshments, and a witness talk by OLMC's Deacon Michael Giuliano, and more. The evening concludes with Closing Prayer at 9 PM. For more information, call Deacon Michael at 201-983-1591.

MEN'S CORNERSTONE

Men's Cornerstone brings together men of five local parishes who share with each other their faith and challenges around a theme. These meetings provide prayer, friendship and support. The next meeting date is Wednesday, January 31st at St. Mary's Church, 20 Legion Place, Closter at 7 PM. For info, please call Deacon Michael Giuliano at 201-983-1591.

Students in grades 3 through 7 are invited to join OLMC's Altar Server Ministry!



Name			
Phone			
Parent Email			
Mass Pre	eference:		
5 PM	8 AM	10 AM	12 NOON
Training is	provided pi	rior to serving	and scheduling

is done based on your availability. Please return

this form to the Religious Education Office.



OLMC Celebrates 150 Years!

Welcome to Children's Liturgy of the Word and Coffee & Conversation!



Children's Liturgy of the Word will be offered to children in grades K–5 during the 10 A.M. Mass on **Sunday, February 25**th. Children are invited during the Mass to join with CLOW moderators to hear and understand the word of God at their level. There is no registration and no fee.



Please join us for Coffee & Conversation after the 10 A.M. Mass on **Sunday**, **February 25**th hosted by the OLMC Medical Mission Team!



Let us introduce you to the Academy staff and the programs we have to offer. Visit our Web site at www.academyolmc.org.

Experience the OLMC Difference!

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person–intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

We invite you to explore our website and reach out to us for more information.



National Blue Ribbon School Since 2012

National Catholic Schools

Week is an annual celebration of Catholic education in the United States. This year marks the 50th year of celebrating Catholic schools. The theme for National Catholic Schools Week 2024 is "Catholic Schools: United in Faith and Community."

Catholic school education

is rooted in the conviction that Jesus Christ provides the most comprehensive and compelling example of the realization of full human potential.

Catholic school education

places an emphasis on the school as community—an educational community of persons and a genuine community of faith.



National Catholic Schools Week

January 28th – February 3rd

Come Visit the Academy!

—Appointment Suggested—

Sunday, January 28th

11 AM – 3 PM

(Please call for an appointment.)

Wednesday, January 31st

5:30 PM - 7:00 PM

(Please call for an appointment.)

National Catholic Schools Week, our annual celebration of what makes education at the Academy of Our Lady of Mount Carmel outstanding, starts with an Open House on Sunday, January 28th. We have a whole week of activities planned to show what our students are accomplishing and to celebrate the community we have built to educate tomorrow's citizens and church leaders. The best way to explore what makes OLMC a leader in Catholic education in Bergen County is to have your family experience it first hand! We invite you to explore our website and reach out to us for more information. Please call Eileen Walsh at 201-567-6491 to schedule your tour!



Catholic Schools Week (CSW) January 28 – February 3, 2024



Discover Catholic Schools

Come join us and see what the Academy of Our Lady of Mount Carmel is all about.

Schedule your tour today!

Contact Mrs. Eileen Walsh ewalsh@academyolmc.org 201-567-6491 10 County Road, Tenafly, NJ

Congratulations
To Our Newly Elected
National Junior Honor
Society Officers!

Chloe Jiaravanon

President

Luna Lamberti

Vice President

Valeria Tejada-Arango

Treasurer

Erin Kim

Secretary

Jonathan Marks

Parliamentarian







The Academy Celebrates National Catholic Schools Week



Come see the OLMC difference and experience our dynamic and diverse community!

Grades PreK3 – Grade 8
Faith Formation
Rigorous Academics
Servant Leadership
STEM/MakerSpace
Leadership Skills
Athletics
Arts
NJHS and BETA



FIRST FRIDAY EUCHARISTIC ADORATION Friday, February 2nd

after the 8:30 AM Mass followed by Benediction at 3 PM

"The reality that, in the Eucharist, bread and wine become the Body and Blood, Soul and Divinity of Christ without ceasing to appear as bread and wine to our five senses is one of the central mysteries of the Catholic faith. This faith is a doorway through which we, like the saints and mystics before us, may enter into a deeper perception of the mercy and love manifested in and through Christ's sacramental presence in our midst. There are many people who have been attracted to the Catholic Church and entered the Church because they came to believe in the Real Presence of Christ in the Eucharist. Our first U.S. born saint. Elizabeth Ann Seton, is one of these converts. She was drawn to enter the Catholic Church after she witnessed the devotion of Catholics to the Blessed Sacrament. She wondered about that devotion. God's grace led her to faith in the Real Presence. . .On the night after her entrance into the Catholic Church and her First Communion, St. Elizabeth Ann wrote in her journal: 'At last GOD IS MINE and I AM HIS."

SOURCE: The Mystery of the Eucharist in the Life of the Church, Copyright 2021, © United States Conference of Catholic Bishops, Washington, DC

Please call Mary Buchanan at 201-871-9667 to schedule a time to spend in the presence of the Blessed Sacrament.



CONTRIBUTION STATEMENT FOR TAX YEAR 2023

Anyone requiring a contribution statement for your 2023 income tax filing can contact the Church Office at 201-568-0545. Please be sure to provide your <u>name</u>, <u>address and phone number</u>. Statements will be sent weekly beginning the last week of January.



Family Promise Walk-in Dinner Program

The OLMC community continues to join together to feed Bergen County's most vulnerable citizens through the Family Promise Walk-in Dinner Program. We will be serving in this ministry every other month. Our next service date is Sunday, February 4th following the 8 AM Mass to prepare for the Walk-in Dinner to be held on Monday, February 5th.

St. Joseph Regional High School's Nationally-Recognized and Award-Winning Performing Arts Program will present the musical LES MISERABLES.

Performances will take place at the Inserra Theater on the campus of St. Joseph Regional High School in Montvale on January 28 (3 PM), February 1 (7 PM – student discounted show - \$15), February 2 (7 PM), and February 3 (2 PM & 7 PM). Tickets are \$17 and \$23 and may be purchased through SJR.Booktix.com or in person one-half hour before each show. Please direct questions to SJRTheater@sirnj.org or call 201-391-7422.

The Knights of Columbus are hosting their annual **BASKETBALL FREE THROW CONTEST** for boys and girls ages 9-14 on **Sunday, January 28**th **from 2 PM to 4 PM** in OLMC's gym. Awards will be presented to the highest scorers in each age category who will then advance to the district, and Newark regional and NJ state finals. Doors open at 1:30 PM on January 28th for registration. The competition is open to the public regardless of faith or creed. For details, call Chris at 201-399-7364 or email madonnacouncil520@outlook.com.



Class Schedule

Sunday, January 28th (8:45-9:55 AM) Tuesday, January 30th (3:30-4:45 PM) Sunday, February 4th (8:45-9:55 AM) Tuesday, February 6th (3:30-4:45 PM)



Jesus touches our lives through the sacraments. Our celebrations of the sacraments are signs of Jesus' presence in our lives and a means for receiving his grace.

Confirmation

Confirmation is a sacrament in which those who have been baptized receive the fullness of the Holy Spirit, just as the Lord sent the Holy Spirit upon his postles at Pentecost.

CONFIRMATION SESSION SUNDAY, February 4th 9:00 A.M. in the Titus Room

Confirmation candidates are required to attend preparation sessions that are held for one hour beginning at 9:00 A.M. in the Titus Room. Remaining sessions are: February 4th, February 25th, and March 3rd. A retreat will be held on March 10th (details to follow).

The celebration of Confirmation will take place at OLMC Church on Wednesday, April 17th at 7 PM. Rehearsal is Thursday, April 11th at 7 PM in the church.

Please be sure you have provided us with all required information for our records, including the name of your teen's sponsor.

Who can be a sponsor for Confirmation?

A person who belongs to the Catholic Church and is fully initiated, having received Baptism, Confirmation, and Eucharist, can serve as a sponsor for Confirmation.

If you have any questions or concerns, please contact Elliot Guerra at guerra@academyolmc.org.

First Eucharist

The immediate preparation for First Eucharist begins once children have received the sacrament of First Reconciliation. The Eucharist is the center of our Catholic life.

Families were mailed information regarding our upcoming First Eucharist Parent Meeting to be held on Thursday, February 15th at 11 A.M. and 7 P.M. in the Church. Please choose one meeting time to attend. A First Eucharist choice form is included in the mailing for you to select the date for your child's First Communion. Important information and preparation material will be distributed at this meeting.

Join us for Mass at Our Lady of Mount Carmel Church. Attending Mass gives families the opportunity to:

- -Seek forgiveness.
- -Learn how God's word affects our lives.
- -Offer yourself to God.
- -Experience the miracle of bread and wine changing into the Body and Blood of Christ.
- -Reach out to others in peace.
- -Forgive as we pray the Our Father.
- -Come forward in reverence to receive the Body and Blood of Jesus.
- -Receive the blessing as we go forth to serve others and make the world a peace-filled place.

SOURCE: Excerpts from an article by Lorene Hanley Duquin



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1-866-507-8757 (toll-free) <u>info@faithdirect.net</u> faithdirect.net

Office of Concern Food Pantry at St. Cecilia Church, Englewood



For over 40 years, the volunteers at the **Office of Concern Food Pantry** have been assisting families in Bergen County with weekly supplemental food.

The collection of non-perishable items is the second weekend of each month. Donations of non-perishable items should be placed in OLMC's elevator lobby. The Office of Concern also accepts monetary donations year-round. A monetary gift allows the Office of Concern to provide more food as they are able to purchase in bulk at a discount rate. Monetary donations are also used by the Office of Concern to purchase fresh produce, meat, and dairy. Monetary donations should be placed in the baskets in the church marked for the Office of Concern.

Thank you to all who donate to the Office of Concern to help those in our community.

Communicating God's Word Collection This Weekend

By supporting this collection you help to spread the Good News of God's word to people around the country and around the world. Your donation also supports local communications projects. Thank you for your consideration of this collection.



React less. Plan more.

Let your goals be your guide

Reduce uncertainty by leading with your goals. I'll ask the right questions and, together, create a clear financial plan. So you'll always know where you stand. And where you're going.

Bernard J. Fasciano

Senior Vice President– Wealth Management Senior Portfolio Manager 201-441-3484 bernard.fasciano@ubs.com

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YOUR BUSINESS IN THIS SPACE

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