


the catholic community of
OUR LADY OF MOUNT CARMEL



Volume 11, Issue 10: March 10, 2024

Fourth Sunday of Lent



For **GOD**
so *loved*
the world
that he gave
his only **Son**,
so that everyone who
believes in him
might not perish
but might have
eternal life.

John 3:16



Masses

Daily

Monday – Saturday 8:30 AM

Weekends

Saturday 5:00 PM

Sunday 8:00 AM, 10:00 AM, 12:00 NOON

Holy Days

As announced.

Sacraments

The Sacrament of Reconciliation

Saturday 4:00 – 4:30 PM, or by appointment.

Please call the Church Office to arrange an appointment.

The Sacrament of Baptism

The second Sunday of each month, except during Lent.

Please arrange for Baptism at least two months in advance.

The Sacrament of Marriage

Please make an appointment with a priest or deacon at least one year in advance.

The Sacrament of Anointing of the Sick

Please call the Church Office to request a visit.

Our Lady of Mount Carmel Mission Statement

“We are the Roman Catholic Community of
Our Lady of Mount Carmel based in Tenafly, New Jersey.
Our mission is the promotion of the holiness of life through
the celebration of the Sacraments, the sharing of the Gospel
and the promotion of Catholic values.

We offer pastoral care through ministries that provide
education, healing, spiritual growth and social outreach
in the Carmelite tradition.”



*“No matter who you are, no matter what you’ve done,
no matter where you’re from, no matter where you’re going,
no matter how good or bad things seem,
you are always welcome.”*

Staff Directory

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“Pray in hope. . .

Focus your prayer time in Lent on the sacrifice Jesus made for you. But do not stop there. Remember to pray for the salvation revealed at the empty tomb on Easter. Lent provides us with a mixture of sadness and gladness and both should be part of our prayer life as we grieve our sins but have hope in being made new creations in Christ.”

SOURCE:

Creative Communications for the Parish, a division of Bayard, Inc.

**Children’s Liturgy of the Word
Sunday, March 10 and All Sundays of Lent**

CLOW is being offered to children in grades K-5 during the 10 AM Mass every Sunday during Lent.

There is no registration and no fee.



Lenten Penance Services

Please see page 6 for a schedule of churches in our deanery that are holding penance services.



OLMC Book Club

Tuesday, March 12

9:15 AM & 7:30 PM

—In the Conference Room—

Adults are invited to join. Please contact Elliot Guerra or the Church Office.

New members are always welcome!



Stations of the Cross

—In the Church—

Anyone who wishes to pray the Stations of the Cross may do so any time the Church is open.

Guided Stations of the Cross – 7 PM on Fridays during Lent



Coffee & Conversation hosted by OLMC Youth Service Team

Sunday, March 17

—In the Cafeteria—

Come support our teens as they prepare for this year’s teen service trip to Portland, Maine!

Join us for Coffee & Conversation following the 10 AM Mass.



TODAY'S GOSPEL MESSAGE

Sunday, March 10, 2024

John 3:14-21

Jesus said to Nicodemus: "Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned . . . the light came into the world, but people preferred darkness to light, because their works were evil. . . whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.

Reflection

"Today we hear John say that some people preferred the darkness. After all, they were used to it. They didn't have to worry about their actions in the darkness. They could do things that, if exposed to the light, would be seen as wrong. But we are called to value what is good and true and holy, and so we come to the light, to the Christ, so that our works may be seen, may be imitated, and may lead others to God."

SOURCE: *Pastoral Patterns*, Spring 2024**DAILY READINGS FOR THE WEEK**

Monday	Isaiah 65:17-21; John 4:43-54
Tuesday	Ezekiel 47:1-9, 12; John 5:1-16
Wednesday	Isaiah 49:8-15; John 5:17-30
Thursday	Exodus 32:7-14; John 5:31-47
Friday	Wisdom 2:1a, 12-22; John 7:1-2, 10, 25-30
Saturday	Jeremiah 11:18-20; John 7:40-53



**"Be my protector, O God,
a mighty stronghold to save me.**

**For you are my rock, my stronghold!
Lead, guide me, for the sake of your name."**

Psalm 31:3-4

**to Our Lady of
Mount Carmel Church**

To register with Our Lady of Mount Carmel Church, please contact the Church Office at 201-568-0545 or find our form online at www.olmc.us. Click on 'Welcome' and scroll down to 'Parish Registration.' Also, please see page 2 of this bulletin for our schedule of Masses and Sacrament information.

Change of address? Please contact the Church Office with your new mailing address so we can update our records. And, we wish you happiness and blessings in your new home!

Moving out of the parish? If you will be moving out of the parish, please let us know. The Church and Religious Education Offices are here to assist you with any sacramental or religious instruction information you need to provide to your new parish.

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Confirmation Retreat
First Eucharist
Gifts of the Holy Spirit: Wisdom

MASSES FOR THE WEEK

MONDAY, MARCH 11th

8:30 Paul C. Hamel, Jr.
Requested by Victoria Kim & Family

TUESDAY, MARCH 12th

8:30 Wanda Ferraiuola
Requested by Rose Marie Preolo

WEDNESDAY, MARCH 13th

8:30 Gerry Callahan
Requested by His Family

THURSDAY, MARCH 14th

8:30 Gordon Small
Requested by Leah Alon

FRIDAY, MARCH 15th

8:30 Margaret Jung
Requested by The Schippert Family

SATURDAY, MARCH 16th

8:30 Wanda Ferraiuola
Requested by The Paone Family

5:00 Zef Rrjolli
Requested by His Family

SUNDAY, MARCH 17th

8:00 The Higgins & Bruno Families
Requested by Diane & Mike Bruno

10:00 Joseph Faglierone
Requested by His Daughter, Sharon Hajjar

12:00 Ludivina Fineza
Requested by Chris Thurner & Maria Estacio
and Parishioners of Our Lady of Mount Carmel



*Let us pray for the needs of
the following individuals:*

Carmelo Abbruzzesi	Adam Kokosinski
Lorna Asuncion	Catherine Marchiona
Brian Bingman	Aria Marrero
Perla Biron	Belen Mendoza
Angie Bracconeri	June Miller
Judy Burke	David Mobley
Tom Cooke	Aaron Monteagudo
Sr. Pat Coyle	Joseph Pae
Sereno Danese	Anastasia Pavur
Denise de Almeida	Meredith Sajdak
James Dockery	John Salvatore
Rachel Durso	Vita Santulli
Corazon E. Evora	Eufrocina Sarreal Paredes
Deacon Lex Ferraiuola	Jason Scalora
Martha Fischer	Kathleen Selinka Dragon
John Gibbons	Margaret Sullivan
Terri Giovannone	Roger Sullivan
Rose Guillen	Betty Supple
Michael Kashmer	Jocelyn Talla
Luca Kashmer Floridis	Rosario Ugarte
Kellish Family	Diana Valencia
Evan G. Kellish	Sara Van Horne

*"He gives strength to the weary
and increases the power of the weak."*

Isaiah 40:29

Please contact the Church Office at 201-568-0545 if you need prayers for a loved one and would like that person's name placed on our prayer list. Also, please let us know if a loved one's name is to be removed from our prayer list.

THE BREAD AND WINE

This week the Bread and Wine
are in memory of Mike Prelee
requested by Matthew and Lauren Miglietta.



THE SANCTUARY LAMP

This week the Sanctuary Lamp
is in memory of Joseph Dorman Tamayo
requested by Tet and Jing Santamaria.



REST IN PEACE

Please remember in your prayers all the
military men and women who have died this week.



The following individuals were recently baptized
at Our Lady of Mount Carmel Church.

Edwin Antonio Cruz
Ava Grace Finucane
Camilla Morel
Mason Nakada
Ellie Nelson



“Just Practicing”

by Deacon Lex Ferraiola

One of the many, many nice things about being a deacon in the Catholic Church is that we can be married and have a family. Anyone who knows me knows how incredibly fortunate and blessed I was to be married to Wanda, my sweetheart and best friend for 55 years. And they know how blessed we both have been with our four children, our sons-in-law and daughter-in-law, and our grandchildren.

When our older daughter, Julie, was a medical student doing her clinical rotation at a Level 1 trauma center in Brooklyn, she shared a powerful experience with us. Wanda saw its relevance to our faith and encouraged me to share it with the parish.

Julie was on call in the ER when an elderly lady was brought in by ambulance from a nursing home. The lady's name was Linda, and she was having difficulty breathing. But in addition to her physical problem, Linda's chart showed a diagnosis of schizophrenia. This poor woman's internal world was a terrifying place.

Julie was assigned to Linda to do a work-up that included drawing blood and listening to her heart rate. Linda was fearful of the needle, but Julie's calming presence reassured her. With one gentle stick, Julie was able to draw the necessary blood without causing Linda any pain. Linda felt safe with my daughter and asked her name. 'Julie,' she gently answered.

In listening to Linda's heartbeat, Julie discovered something irregular. The resident who was supervising her confirmed the irregularity and asked Julie to sit by Linda for the duration of her on call shift, and to watch her heart rhythms on the bedside monitor.

As she sat down in front of the monitor, Julie gently held Linda's hand. She told Linda that she would be right there just in case she needed her for anything. Linda lay back and was calm.

Less than two minutes went by when Linda appeared agitated and called out,

Continued . . .

'Julie.'

'Yes, Linda. I'm right here. What do you need?'

'Just practicing,' Linda said and lay back peacefully.

Another two minutes went by.

'Julie.'

'Yes, Linda.'

'Just practicing.'

And another.

'Julie.'

'Yes, Linda.'

'Just practicing.'

Her interior world being filled with terror, Linda needed to constantly call out to reassure herself that Julie was there. This cycle of calling out and reassurance went for hours, until Linda was moved from the chaos of the ER and admitted to a room on the elder care unit.

So, how is this relevant to our faith?

Life is a gift, and it is beautiful, but the world outside and inside our head can at times be painful and frightening. And we live each day with the existential knowledge that our time on earth is limited. But God is always by our side. God will never abandon us. And when our time on earth is through, God will be there to take away our fear, to embrace us and welcome us home.

We believe this with faith and someday we will experience it with certainty. But in the meantime, we, like Linda, practice to reassure ourselves that God is there; we practice by calling out to God in prayer.

And God answers in the darkness,

'I am here, my child, I am with you.'

That answer comes to us in the depths of our hearts, in the love and compassion we receive from others, in the grace of the sacraments; and it comes to us in those unexplained meaningful coincidences, those *synchronicities*, that God uses to tell us he's there. God always answers; we just have to be listening.

There have been times in my life when I was scared and felt lost in the universe: times when my back was to the wall and there was no way out. But I called out in the darkness and God always answered and made a window in that wall and pulled me through.

God has been there in the darkness for all of us or we wouldn't be here today.

Let us go through this day, this season, and the rest of our lives at peace knowing that God is always by our side; and let us keep practicing by calling out to God in prayer. God always answers. It may not be the answer we expect, but God always answers—we just have to be listening.



Tuesday, March 12th
9:15 AM & 7:30 PM
Conference Room

OLMC Book Club is for every type of reader!

Interested in joining?

Contact Elliot Guerra at guerra@academyolmc.org or Mary Ann at the Church Office at 201-568-0545.

Lenten Penance Services

Monday, March 11th at 7 PM

St. Peter the Apostle Church, River Edge

Monday, March 18th at 7 PM

Our Lady of the Visitation Church, Paramus

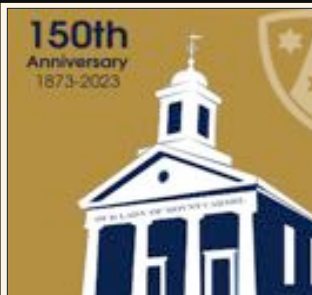
Third Saturday Mass for Recovery and Healing: Anointing of the Sick

All are welcome to Church of St. Mary, 20 Legion Place, Closter for the Third Saturday Recovery and Healing Mass on **Saturday, March 16th at 12 Noon**. March is traditionally our annual Anointing of the Sick. This monthly Mass is offered for the support, healing, and recovery of those afflicted or affected by a substance use disorder. For information, please contact The Father Jim McKenna Memorial Fund at 201-281-6247 or visit <https://fatherjimmckenna.org/>.

“BEING OPEN TO LOVE . . .

‘God so loved the world that he gave his only-begotten Son. . .’ How often we’ve seen and heard that quote. How it could transform our lives if we realized the depth of that love and how it is offered to us freely. . .if only we make ourselves open to receive it, through prayer and repentance! Pope Francis reminds us that there’s great comfort in confessing where we’ve gone wrong, especially when we remember that God is waiting to forgive us and to fill our hearts with even more love.”

SOURCE: *What Pope Francis Says About Mercy*. New London: Twenty-Third Publications, 2015: Print.



OLMC Celebrates 150 Years!

Welcome to Coffee & Conversation!

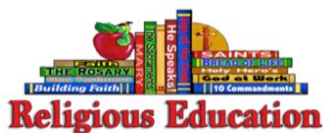
All are invited for Coffee & Conversation to be held in the cafeteria following the 10 A.M. Mass on **Sunday, March 17th** hosted by OLMC Youth Service Team!



Easter Flower Sale

Our Youth Ministry is once again planning a trip to help the people of Maine. Please help us get there! Order forms for our Easter flower fundraiser can be found in the kiosks in the Church or contact the Church Office at 201-568-0545. Thank you for your support!





Class Schedule


Sunday, March 10th (8:45-9:55 AM)
 Tuesday, March 12th (3:30-4:45 PM)
 Sunday, March 17th (8:45-9:55 AM)
 Tuesday, March 19th (3:30-4:45 PM)



CONFIRMATION RETREAT
This SUNDAY, March 10th

We begin with 8:00 A.M. Mass in the Church. The retreat follows the Mass.

The celebration of Confirmation will take place at OLMC Church on Wednesday, April 17th at 7 PM. Rehearsal is Thursday, April 11th at 7 PM in the church. Candidate and sponsor (or a stand-in for sponsor) must attend the rehearsal. Please be sure you have provided us with all required information for our records, including the name of your teen's sponsor.



All sacraments are necessarily related to baptism, the first sacrament we celebrate. First Communion is an extension of that day as children are welcomed to the family meal—the Eucharist. The Eucharist is the center of our Catholic life.

Parents are the primary educators of their children and are responsible for initiating their children into the sacramental life. Take a moment to explain to your child that preparing to receive Jesus in the Eucharist is like preparing for other special occasions in your family's life. It's exciting and important!

Please work with your child on the workbook and banner kit you received at the First Eucharist Parent Meeting.

There will be two First Communion Masses: Saturday, May 4th at 11 AM and Saturday, May 11th at 11 AM. Rehearsals are the Thursdays before those dates at 3:30 PM and will take about 45 minutes. At least one parent and their child are asked to attend the rehearsal for the First Communion Mass they have chosen.

First Communion Date:

Saturday, May 4th at 11 AM

Rehearsal: May 2nd at 3:30 PM

First Communion Date:

Saturday, May 11th at 11 AM

Rehearsal: May 9th at 3:30 PM

The Seven Gifts of the Holy Spirit

✓WISDOM
UNDERSTANDING
KNOWLEDGE
COURAGE/
FORTITUDE
COUNSEL
PIETY / REVERENCE
WONDER & AWE

*Please see future bulletins
as we take a look at each of
the Gifts of the Holy Spirit.*

WISDOM

This is a gift that comes about over time. A wise person has learned how to look at life from all perspectives, to see and understand the “whole picture” of a situation. Someone who is wise can see how everything is part of God’s love.

>When have we seen others act with wisdom?

SOURCE: Our Sunday Visitor, *Catholic Parent Know-How*, © 2007 by Our Sunday Visitor Publishing Division



Let us introduce you to the Academy staff and the programs we have to offer.

Visit our Web site at www.academyolmc.org.

Experience the OLMC Difference!

The Academy of Our Lady of Mount Carmel is an educational community with roots in the Roman Catholic faith that teaches gospel values. Within our Carmelite tradition we are dedicated to helping students see God in themselves, in each other and in the world around them. We strive to educate the whole person—intellectually, spiritually, physically, socially and emotionally—while building a strong foundation of ethical and moral ideals.

We invite you to explore our website and reach out to us for more information.



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Help me, O God,
to be a good and a true friend,
to be loyal and
never to let my friends down:
never to talk about them
behind their backs
in a way that I would not do
before their faces;
never to betray a confidence
or talk about the things
I should be silent about;
always to be ready to share
everything I have;
to be as true to my friends
as I would wish them to be to me.
This I ask for the sake of him
who is the greatest and truest
of all friends, for Jesus' sake.
Amen.

—William Barclay

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Educating is an act of love; it is like giving life."**

—Pope Francis



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**The collection for the Office of Concern
Food Pantry is THIS WEEKEND.**



EASTER ALTAR FLOWERS

If you would like to make a donation to help with the cost of flowers that will decorate our Church for Easter, please fill out the form below. Donations may be made in memory of a loved one or for a special intention. Checks should be made payable to Our Lady of Mount Carmel Church and can be dropped in the collection box or returned to the Church Office.

–PLEASE PRINT–

Donated by: _____

Email: _____

Phone #: _____

In Memory of:

Special Intentions for:

“When the *peace of Christ* rules in our hearts,
THANKFULNESS overflows.”

–Psalm 145:18

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